CONCEPT2 SKIERG WITH PM5

SKU: C2715-2720

PRODUCT DESCRIPTION

Overview

The Concept2 SkiErg makes the sport of Nordic skiing available to everyone. Long recognized as delivering one of the toughest workouts around, Nordic skiing develops both strength and endurance and exercises the legs as well as the arms and core. The SkiErg can be used for both double pole and classic alternating arm technique.

The SkiErg uses the same flywheel resistance and electronic monitoring systems as Concept2's Indoor Rowers, the proven choice of rowing athletes around the world since 1981. As well as being durable and well built, the SkiErg is sophisticated too, with an advanced monitor that provides immediate, accurate performance data.

- Frame: Aluminum
- Finish: Powder coat

Included with your Purchase

- Performance Monitor 5 (PM5)
- Quick Start Guide
- Floor Stand

Performance Monitor 5

The Performance Monitor is what sets the Concept2 SkiErg apart from other cross-country training devices: sophisticated yet easy to use, it allows you to accurately assess your output, monitor your progress, and compare your scores with others. Each SkiErg comes with our most advanced Performance Monitor, the PM5.

Flywheel and Damper

The SkiErg responds to your effort on every pull, so you are in full control of your exertion and resistance at all times. The spiral damper allows you to quickly adjust the airflow to the flywheel, so you can change the feel of the pull to suit your preference. Whether you want your workout to feel like you’re on flat terrain or an uphill climb, the SkiErg will respond to your needs.

Ergonomic Strapless Handles

The SkiErg’s ergonomic, strapless handles provide for a comfortable, secure grip and won’t absorb sweat so they stay dry in high use settings. They are also suitable for all hand sizes as they require no adjustment.

ADDITIONAL INFORMATION

More Information

Warranty	Main frame: 5 years, Other parts: 2 years, On-site labour: 1 year
Other Features	Easy assembly
Product Dimension	60 cm x 127 cm x 216 cm
Product Weight	37kg