



T-FID FLAT, INCLINE, DECLINE BENCH

SKU: T-FID-2





PRODUCT
DESCRIPTION

The T-FID (Flat, Incline, Decline) bench is great for hitting multiple angles when you workout. Ideal for home and light commercial use, the bench has a thick, firm, 5cm pad wrapped in very durable textured vinyl for maximum comfort and support.

The solid steel adjustable has 13 positions, including -30(decline), 0 (flat), and all the way to 90 degrees to accommodate any workout routine. The seat has multiple adjustment angles to give you more support as your back angle changes. Great as an incline bench, and also to get some decline bench workouts in as well!

ADDITIONAL
INFORMATION

More Information

Warranty	1 Year
Product Weight	28kg
Max Load	250kg
Product Dimension	164 x 58 x 49cm (L x W x H)