



# IRONMASTER FAT GRIP ADAPTER SET

SKU: IM-1045





## PRODUCT DESCRIPTION

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### **Improves Performance**

Our Fat Grip Adapter Set will increase the level of difficulty of grasping the dumbbell handles. This will improve your grip and strengthen your forearms. This set is perfect for trainers who feel they could use a little more challenge in their dumbbell routine.

### **Durable**

At first glance, these adapters may seem to be nothing more than a pair of plastic handles, but they are produced from high-quality molded plastic that can prove to be a worthy lifelong companion to your [Quick-Lock adjustable dumbbells](#).

### **Comfortable and Convenient**

Not only do these fat grip adapters increase the circumference of your handles, but they also improve your grip and comfort thanks to their knurling. Forget about using gloves that take up more of your time to wear and remove, not to mention wash after every use. Just use these fat grips every time you need to lift your dumbbells. Each set comes with a pair of adapters to be used on two dumbbell handles.

### **Easy to Attach and Remove**

Our Fat Grip Adapters attach easily over the Ironmaster Quick-Lock adjustable dumbbell chrome handles and they are just as easy to remove. Each set comes with four screws and hex nuts for a hassle-free installation. You just need a #2 Phillips or small flat-head screwdriver to connect the two halves of each grip by their screw holes. Make sure to align both parts properly so that the tongue and groove on the edges meet. Be careful not to over-tighten the screws.

They are sold as a pair (for two dumbbell handles) and are available in 1.5" diameter size.

## ADDITIONAL INFORMATION

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