



# FORCE USA G15 POWER RACK, FUNCTIONAL TRAINER & SMITH MACHINE COMBO

SKU: F-G15





## KEY FEATURES

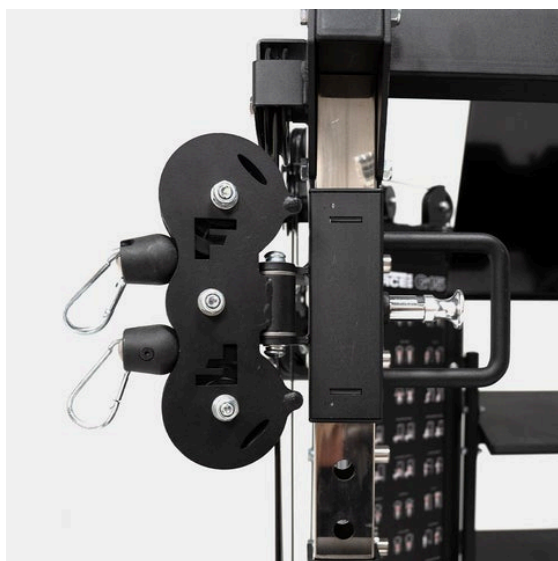


### NAME YOUR TRAINING AND THE G15™ HAS YOUR BACK

The G15™ All-In-One Trainer offers true flexibility with no compromises. Engineered for every type of training, including:

- Strength and Split Training
- Bodybuilding and Powerlifting
- High-Intensity Interval Training
- Plyometric and Explosive Training

This beast of a machine means you can isolate every muscle group and easily switch between upper and lower body depending on your program. The space-saving design of the G15™ is perfect for both home gym and fitness studios, allowing you to perform over 50 exercises across all training types.



### UNIQUE INTERCHANGEABLE CABLE SYSTEM

The G15™ All-In-One Trainer has a world-first interchangeable cable system that allows you to easily select your cable ratio on the fly. A truly unique feature so you can quickly switch to lighter resistance and work out with friends and family.

By engaging the 4:1 ratio you can turn your 130kg weight stack into 32.5kg of resistance and instantly swap it back to a 2:1 ratio - 65kg of resistance.



## **BUILT TO OUTLAST EVERY OTHER HOME GYM**

Your G15™ commercial-grade All-In-One Trainer was precision built and manufactured using the highest quality materials. With a lifetime warranty and 2-year warranty on parts and attachments, the trainer includes:

- Heavy gauge structured steel tubing throughout
  - Tough PVC and rubber in heavy use areas to increase durability
  - Long-lasting clear coating with anti-rust protection
- Eco-friendly premium commercial grade powder coating



## **A SMITH MACHINE LIKE NO OTHER**

Backed by some serious R&D, Force USA has delivered a weightless (counterbalanced) Smith Bar with the smoothest movement on the market. This allows entry-level users to learn the movement of any exercise before they start loading on weight. The G15's™ Smith Bar also includes state-of-the-art knurling for an unrivalled feel during those heavy squat and deadlift sessions.



## **MASSIVE 450KG CHIN-UP BAR WEIGHT RATING**

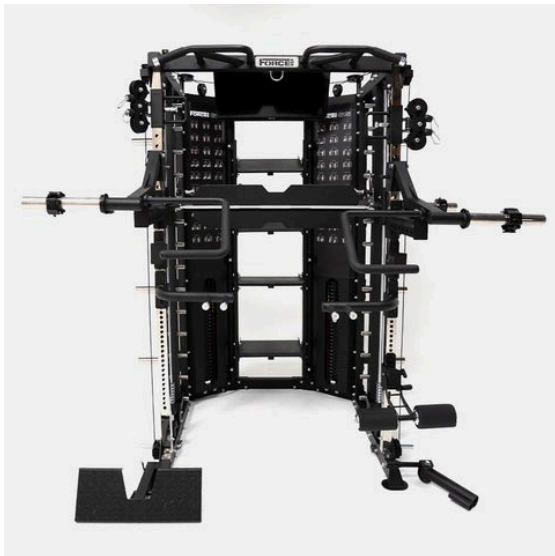
Your ergonomically designed multi-grip Chin-Up and Pull-Up station comes with a huge 450kg weight rating. With an ultra-comfortable grip, you can perform wide-grip, close-grip, underhand, overhand and many other positions to build strength and muscle mass.

You can also hook up your resistance bands to the conveniently placed anchor point, helping you power through the toughest sessions.



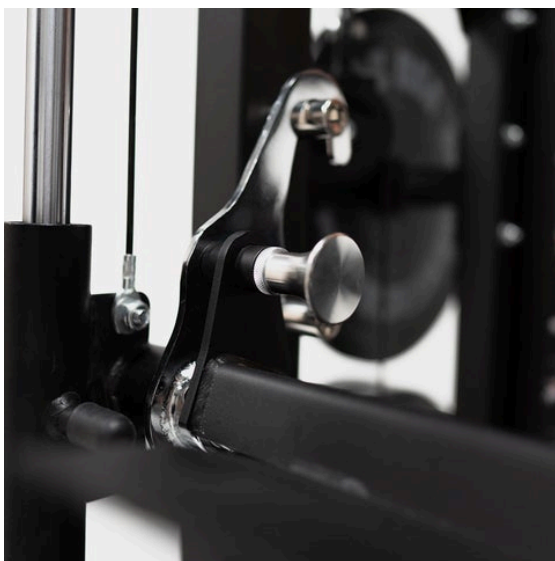
## EASILY STORE YOUR WEIGHTS AND ATTACHMENTS

To keep your workout space safe and organised, the G15™ comes with storage for 2 Olympic style barbells, 2 standard size barbells and 8 Olympic weight plate holders.



## COMPLETE YOUR HOME GYM WITH THE G15™ UPGRADE KIT

Why not add a T Bar Row Handle, Leg Press Plate, Core Trainer, Jammer Arms, Ankle Cuffs, Single Stirrup Handles, plus 4 levels of storage shelving to finally complete your set-up! Every attachment in the G15™ Upgrade Kit is precision built with the highest quality commercial-grade materials and will deliver the ultimate in training performance.



## 5 STAR SAFETY FOR COMPLETE WORKOUT CONFIDENCE

Train with zero risk knowing every safety mechanism has been taken care of in the G15™. This includes smart safe lock and releases mechanics and high-quality safety catches so you won't need a spotter on those big squat and bench days.



## CONVENIENT INSTALLATION AND ASSEMBLY

To get you up and training as soon as possible, let us help you book a technician to come to your home or studio and assemble the G15™ for you!

Rather do it yourself? Force USA also provides detailed and easy-to-follow instructions to help you assemble your new G15™ All-In-One Trainer. Most customers are able to assemble the full machine over the course of two days with the help of one person.

## WHAT'S INCLUDED WITH YOUR G15™ ALL-IN-ONE TRAINER

- EZ Curl Bar
  - Long Bar
  - Short Bar
- Lat Pulldown Bar
- Tricep Pressdown Bar
  - Close Grip Handle
  - Tricep Rope
- Single PVC Stirrup Handles X 2
- Adjustable PVC Storup Handles X 2
  - Cable extension chains X 4
- Olympic Bar Collars X 3 (Pairs)
  - Cable Carabina X 6
  - Band Pegs X 4
  - J-Hooks X 1 (Pair)

## OPTIONAL EXTRAS

Add the Upgrade Kit to your standard G15™ All-In-One-Trainer and enjoy even more benefits. This package includes:

- T Bar Row Handle
  - Leg Press Plate
  - Core Trainer
- 2 x Jammer Arms
  - 1 x Ankle Cuff
- 2 x Single Stirrup Handles
  - 4 x Storage Shelves
  - TV Mount

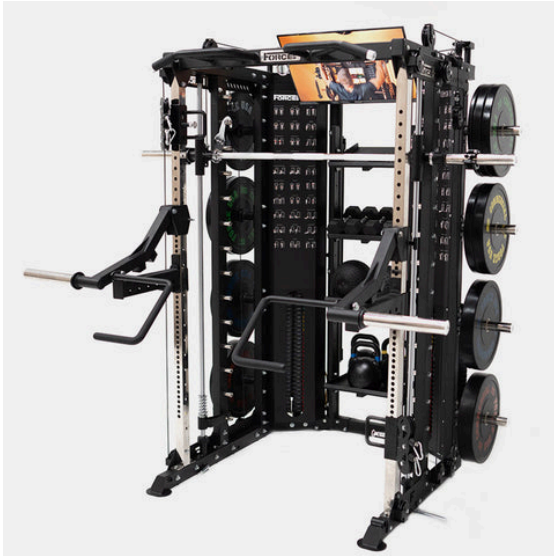
## SPECIFICATIONS

- **Weight Ratings:**
  - J Hook: 400kg (static test)
    - Safety Bars: 450kg
    - Chin Up Bar: 450kg
    - Cable Rating: 907kg
  - TRX Anchor Rating: 120kg
    - Plate Holders: 150kg



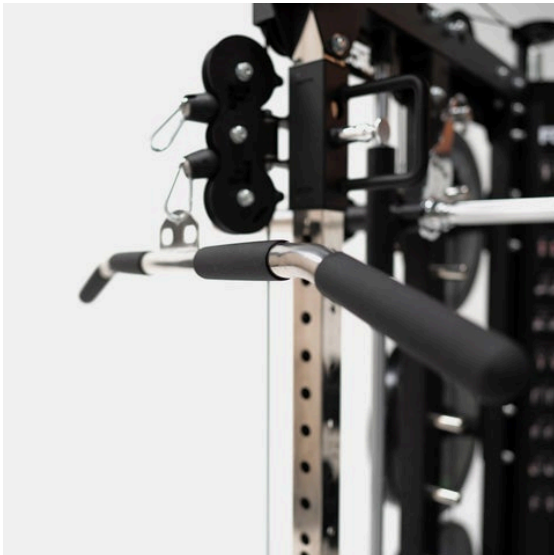
- **Assembled Dimensions:**
  - 204 cm (W) x 139 cm (D) x 222 cm (H)
    - Internal Width: 113cm
    - Height of Pull Up Bar: 208cm
- **Product Weight:** 550kgs

## UPGRADE KIT



### COMPLETE YOUR TRAINER WITH JAMMER ARMS

You haven't experienced a true upper body workout until you add Jammer Arms to your functional trainer. These legendary attachments work to isolate your arms, chest, shoulders and back so you not only keep perfect form through every rep but also reduce the risk of injury. Add deadlifts, bench press, shoulder press, incline press and many more exercises to your G10™ or G15™ training.



### VERSATILE T BAR ROW HANDLE

The T Bar Row Handle is one of the most versatile attachments for your G10™ or G15™. The compact bar offers multi-grip positions to really target your lats, traps, biceps and triceps, while quickly transforming into a low row station to be used with your cable pulley system.



## ULTRA-WIDE LEG PRESS TO ENHANCE YOUR SMITH MACHINE

Your heavy-duty high tensile steel Leg Press Plate can be easily added to your Smith Machine to change up your workout. This extra-wide plate offers incredible grip and a range of feet positions so you can go wide or narrow during leg press exercises.



## BUILD EXPLOSIVE POWER AND A RIPPED TORSO

The Core Trainer is one of the best ways to build explosive power throughout your core while adding a range of rotational torso exercises to your upper body training when used with a barbell. This can be used on both sides of your All-In-One-Trainer.



## WHAT ELSE DO YOU GET WITH YOUR UPGRADE KIT?

- Another great cable attachment, you'll love how effective these comfortable Ankle Cuffs are for strengthening your hips, glutes, hamstrings, calves and the ligaments in your ankles which help with overall stability.
- Add a pair of ultra-comfortable, heavy-duty Single Stirrup cable attachments to the nylon handles you currently have with your G10™ or G15™.
- Boost your storage capacity with 4 extra shelves that are easily added to your trainer. These shelves are perfect for dumbbells and kettlebells to keep your workout space neat and tidy.
- The angled TV Mount is a great addition to your all-in-one trainer, allowing you to follow your favourite video training programs or watch live sports while you work out. Your TV Mount attachment can mount most TV's up to 32 inches.



Read additional reviews: [King of The Gym Force USA G15 Review - A Selectorized All-In-One Trainer with a 2:1 AND 4:1 Ratio](#)

ADDITIONAL  
INFORMATION

More Information

<b>Packaging</b>	225 x 97 x 38cm (299kg) 88 x 31 x 19cm (135kg) 88 x 31 x 19cm (135kg)
<b>Warranty</b>	Mainframe: Lifetime, Other parts: 2 years, Labour: 1 year
<b>Max Load</b>	450kg
<b>Product Dimension</b>	204 cm (W) x 139 cm (D) x 222 cm (H)