



BODYX COMMERCIAL FID BENCH

SKU: BK-3039





PRODUCT
DESCRIPTION



POSITIONS

1

F

FLAT BENCH



2

I

INCLINE BENCH



3

D

DECLINE BENCH



4

S

SHOULDER BENCH





HEAVY DUTY SOLID



WEIGHT 50KG
LOAD 500KG





HIGH QUALITY PADDING COMMERCIAL PU WRAPPED 7.5CM THICKNESS







1
플랫 벤치
F

레그레이즈
Leg Press



덤벨 로우
Dumbbell Row



오버헤드 트라이셉스 프레스
Overhead Triceps Press



덤벨 플랫 벤치 프레스
Dumbbell Flat Bench Press



덤벨 리프트
Dumbbell Lift



2
인클라인 벤치
I

바벨 인클라인 벤치 프레스
Barbell Incline Bench Press



덤벨 풀라이
Dumbbell Fly



3
디클라인 벤치
D

덤벨 디클라인 벤치 프레스
Dumbbell Decline Bench Press



4
숄더 벤치
S

덤벨 숄더 벤치 프레스
Dumbbell Shoulder Bench Press

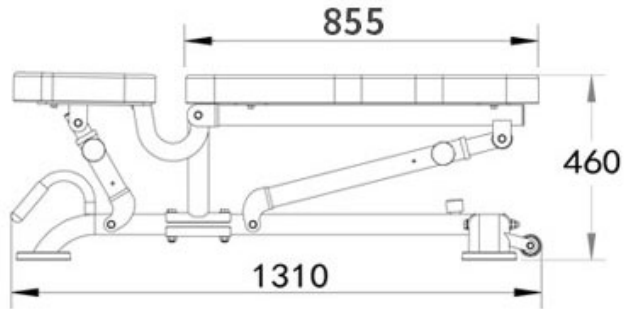
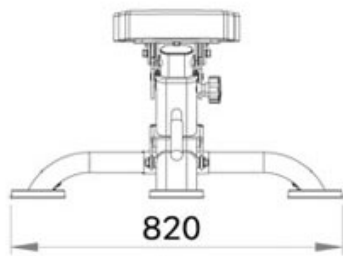
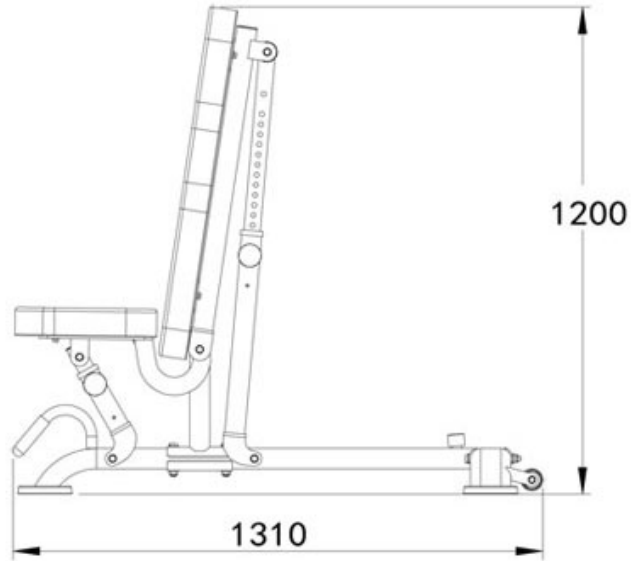
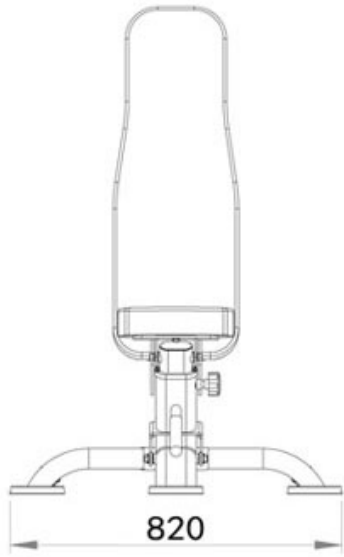


덤벨 레터럴 레이즈
Dumbbell Lateral Raise



바벨 숄더 벤치 프레스
Barbell Shoulder Bench Press





ADDITIONAL
INFORMATION

More Information

Warranty	1 Year
Product Weight	35kg
Max Load	500kg
Product Dimension	131 x 82 x 46cm