



FTS FUNCTIONAL TRAINER SYSTEM

SKU: A-FTS





PRODUCT
DESCRIPTION

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The **Adjustable Functional Trainer** will help you build your entire body with a huge range of functional and sport specific exercises and independent height adjustable dual cable pulleys!

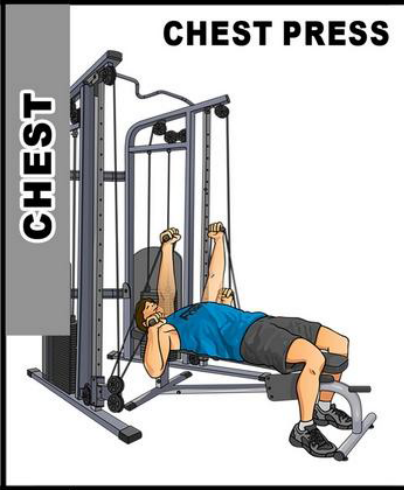
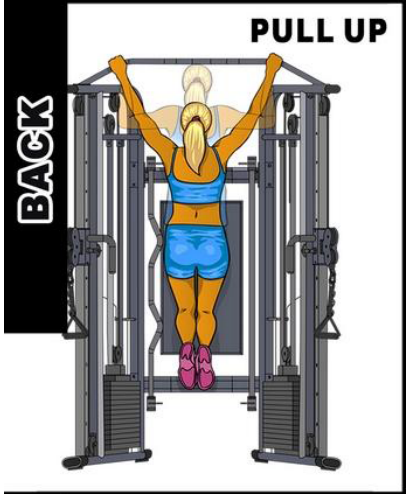
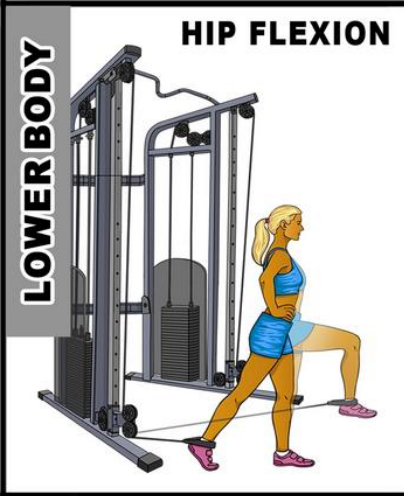
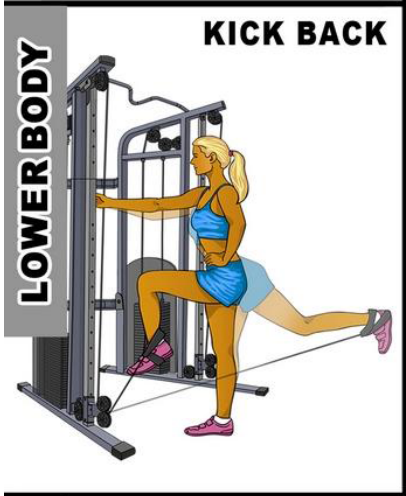
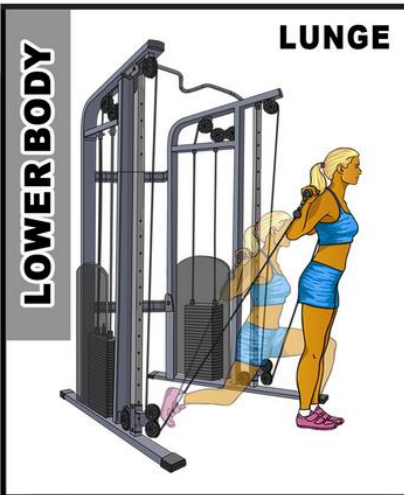
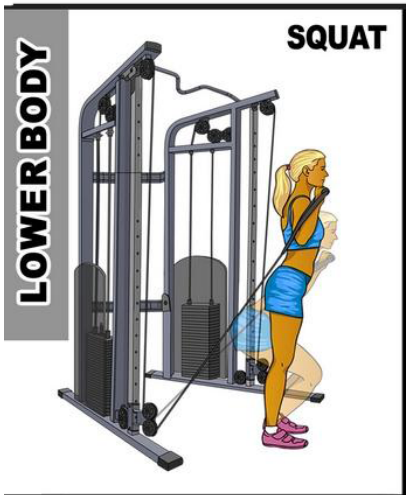
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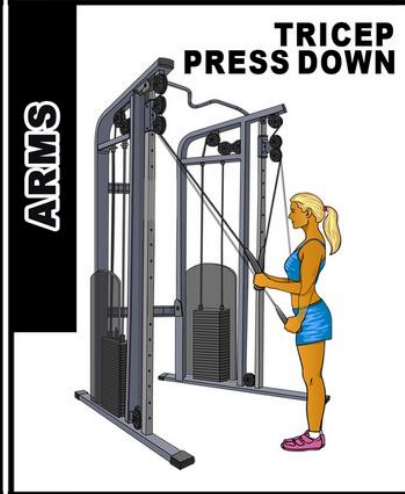
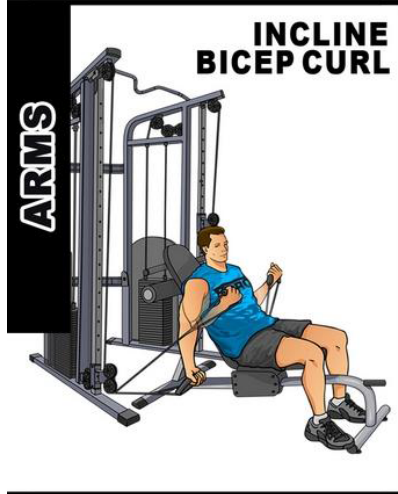
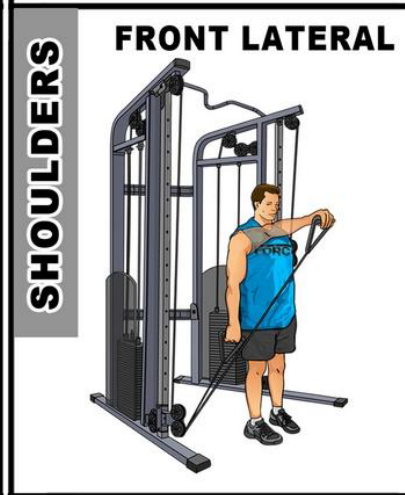
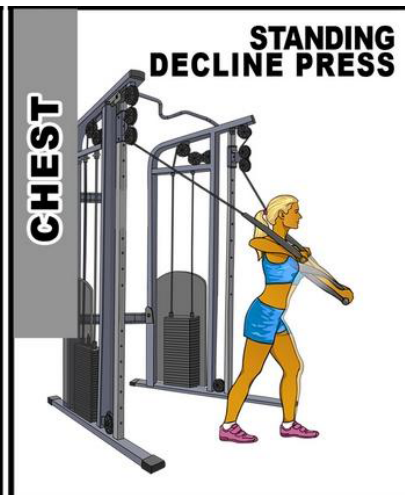
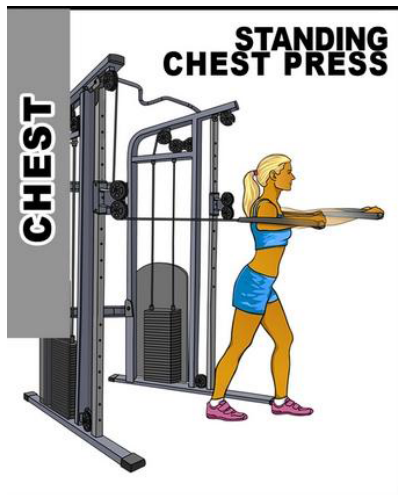
- Multi-position fully adjustable swivel pulley system.
 - (2) graduated 200 lb. weight stacks.
 - Cross beam with multi-grip chin up bar.
- High quality safety shrouds surround the weight stacks.
- Easy pull pin with handle to adjust height in seconds with over 18x adjustment points.
 - Laser cut steel plate for precision assembly and quality.
 - High quality 2000lb commercial aircraft quality cables.
- Self-aligning nylon pulleys and bearings for smooth exercises.
 - Quality bushings provide an ultra smooth workout!
- Gives you some of the best exercises to build a rock solid body!
 - Heavy duty steel construction.
- Quality bracing for correct body alignment throughout your workout.
- Attachments included are 2x Padded cable attachments, 1x Curl Bar, 1x Straight Bar, 1x Ankle Cuff attachment.
 - Great for rehabilitation or any other workouts.
- Includes Functional Trainer Exercise Chart with many start/finish diagrams.
- Reversible Exercise chart with storage for attachments on opposite side.

The following pictures demonstrates many uses of the functional trainer:











ADDITIONAL
INFORMATION

Product Weight

270kg

Product Dimension

100 x 160 x 215cm (L x W x H)

More Information