



**(3**VIGOR

SKU: VS-TG9







PRODUCT DESCRIPTION



## Innovative new design for 2025

The Brand new Titan G9 comes with many desirable features to suit Singapore houses for home gym setup. It is compact, solid construction and comes with many accessories. The smith bar handle is encased in aluminium cover for rust protection, and the front beam is stainless steel material. Most other parts are powder coated for protection. This all-in-one trainer is built to last with many ever expanding attachments options.

- Smith machine with smooth bearing system
  - Half rack
- Dual adjustable pulley with laser-etched adjustment numbering
  - Multi Grip Chin Up Bar
    - Dip bar
  - 6 x Weight Plate Holder
  - 2 x Olympic Barbell Holder
    - 4 x band pegs
    - Rubber padded feet
  - 2 x 60kg weight stacks (using 1:1 and 2:1 pulley ratio)



**Product Parameters** 

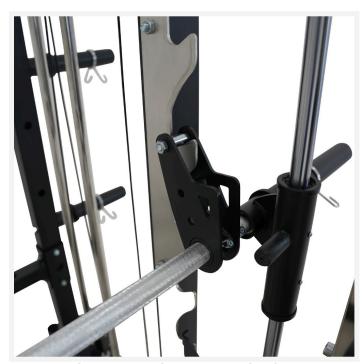


Depth of feet: 150cm

Machine can be fully flushed to wall

Width with smith bar: 178cm

Max Weight Capacity: 450kg



**SMITH MACHINE FUNCTION** 

Go heavy on it without having to worry about safety, With the Dual safety smith hooks, now you can grind at the comfort of your own house.



**DUAL ADJUSTABLE PULLEY FUNCTION** 

Built in 2 x 60kg pin select weight stack. Choose from 1:1 or 2:1 pulley ratio. Achieve more weight selection using less weights = HDB friendly.





HALF RACK FUNCTION

With smaller hole spacing than most machines in the market, and a pair of 50cm long safety catch, this half rack is better, stronger and more sturdy.



Chin up and Dips

Multi grip chin up bar adds variations to workout. Combine with bands or the dual cables to add intensity to these workouts. The position of the dual width (46 and 60cm) dip handles is designed to be suitable for most people.



**Rubber feet** 

Rubber feet adds traction to the floor and make sure the rack does not move easily while lifting heavy.



STORAGE HOLDER

Side facing weight plate storage allows for easier handling of plates. Machine can be fully flushed to the wall with no space wasted. 2 olympic bars can be stored at the back as well.





#### Other functions include:

- Band pegs which can be used with resistance bands to attach to barbell/weight-stack to increase the intensity of barbell and cable workouts.
  - Foam rolls which can be used to hold the user down when doing lat pulldown
    - Removable foot plate for low row leg support
    - Hook to hang suspension trainer or bands
    - Storage hooks at the back of machine to hang cable accessories
      - Storage holes to store dip and half rack attachment neatly

#### **Add-on options**

#### Weight plate adaptor

- for additional weight to weight stack

Need more weight for big exercises like below?

- Lat pulldown
  - Low row
    - Squat

Simply attach the adaptor to the weight stack and load using extra weight plates.







#### Landmine

#### - with T bar handle

#### Exercises:

- Landmine RowLandmine Press





Attaches to bottom hole on back or front of the rack





JAMMER ARM LEG PRESS KIT

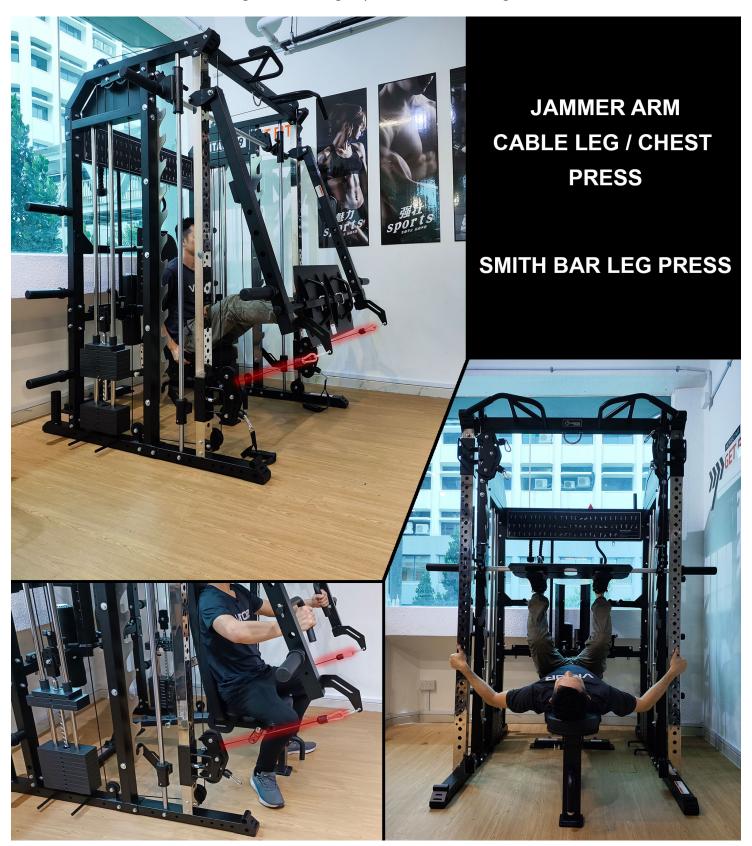


## - can attach to cable weight stack

Adds more variation to your workout

- Chest pressLeg pressWeighted dips

Uses weight from weight plates or cable weight stack.







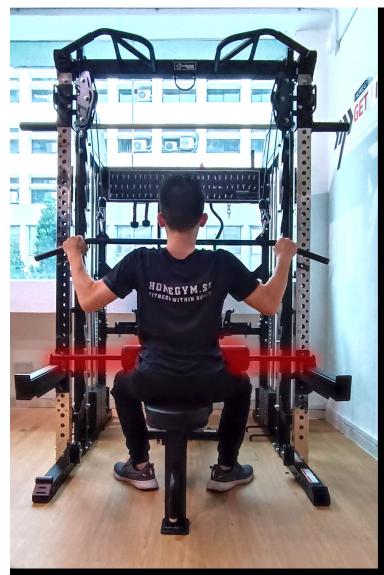
## - combine with G9 lat pulldown bar

Use for Exercises:

- Cable cross
- Lat pulldownHip thrust

Attaches to safety arms





LAT PULLDOWN SUPPORT

# **CORE SUPPORT**



## **Additional Functions using Uclips**

Uclips is an innovative product that provides many functions. Check it out here: <a href="https://homegym.sg/showroom/uclips.html">https://homegym.sg/showroom/uclips.html</a>





- using weight stack to make the bar lighter

Weight stack attached smith bar

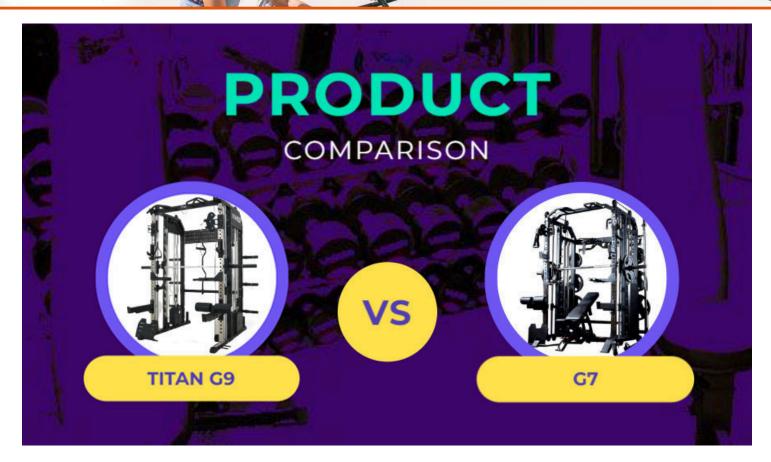
- using weight stack to make the bar heavier

#### **Design Thoughts**

- Minimum blockage at the back of machine: Does not block mirror which can be used to check the exercise form. Allows for the bench to be placed closer to the back for better position for incline presses.
- Hole spacing: Hole spacing is one of the most important point to look out for in a squat rack.
  Good and small hole spacing allows the user to choose the most suitable start off height.
  Better range of motion can also be achieved by setting the safety catch level as low as possible.
- **Pulley ratio:** With the ability to select different pulley ratio, less weight stack will be needed which makes the machine lighter and better for floor loading.
- **Rubber padded feet:** Many designs in the market has metal feet that not only will scratch the floor, but also can glide on smooth tiles. Our improved design addresses this issue and provide better traction.
- **Storage:** Side facing storage is easier to use as compared to back facing design. No need to cater to extra clearance space atathe back as well.

Comparison to other similar machine in the market



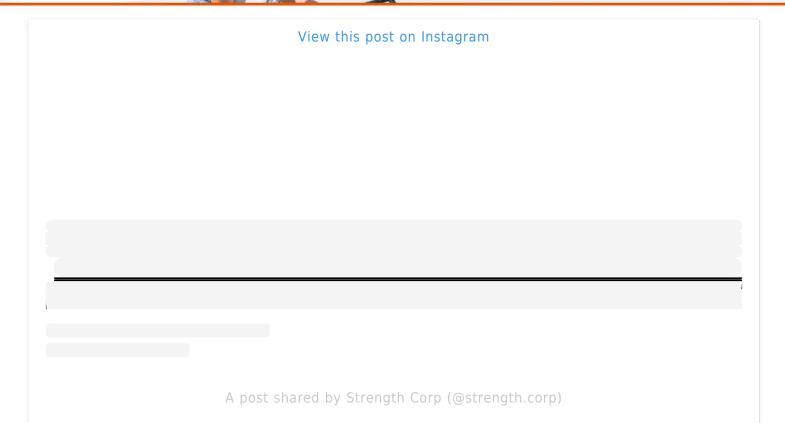


Click to read our comparison.

## Social







ADDITIONAL INFORMATION

More Information

**Warranty** Mainframe: Lifetime, Other parts: 2 years, Labour: 1 year

**Product Weight** 306kg

**Product Dimension** 150 x 178 x 213cm (L x W x H)