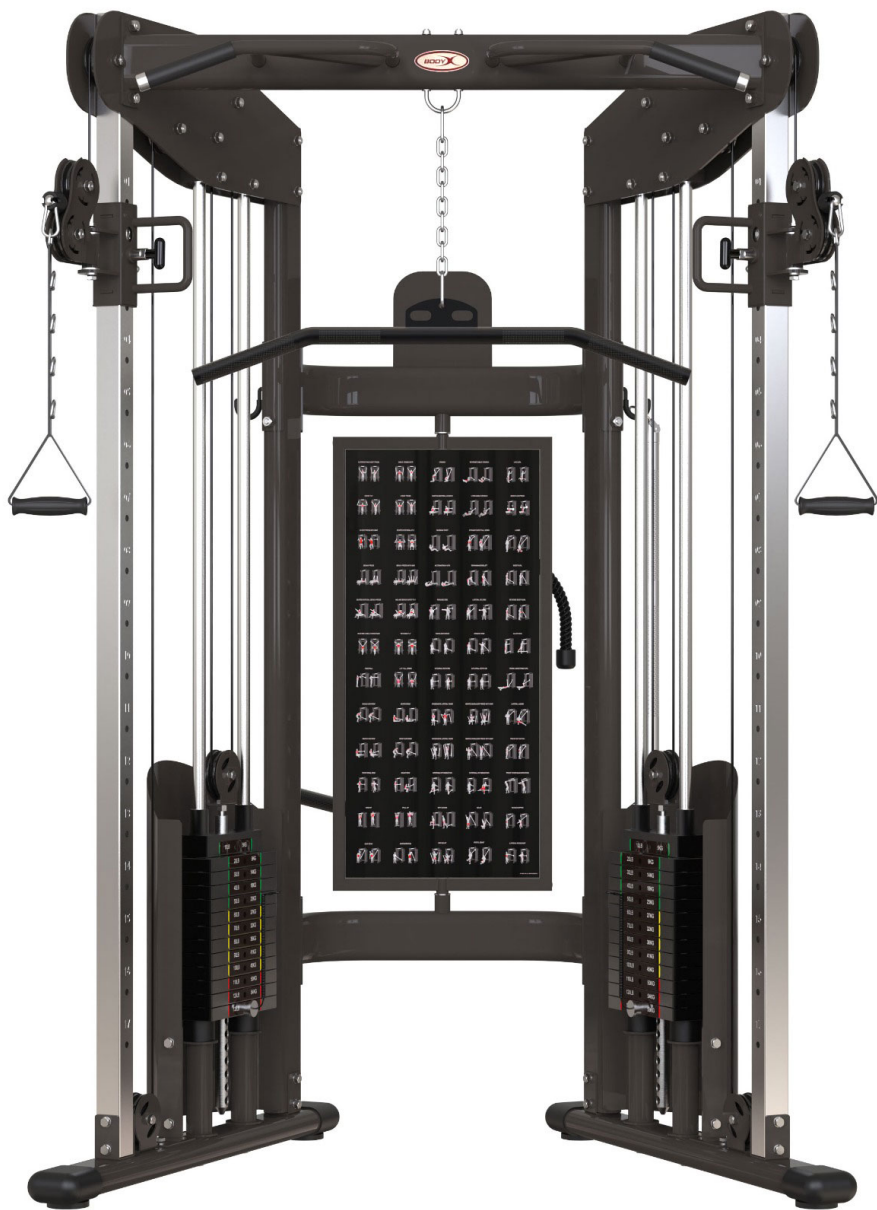




BODYX FUNCTIONAL TRAINER

SKU: BK-3073



60KG VERSION SHOWN IN IMAGE



PRODUCT DESCRIPTION

The **Adjustable Functional Trainer** will help you build your entire body with a huge range of functional and sport specific exercises and independent height adjustable dual cable pulleys!

Features:

- Multi-position fully adjustable swivel pulley system.
- 2 x 90kg weight stacks / 2 x 60kg weight stacks (10lbs increment)
 - 2:1 Pulley Ratio (effective 5lbs increment)
 - Cross beam with multi-grip chin up bar.
- High quality safety shrouds surround the weight stacks.
- Easy pull pin with handle to adjust height in seconds with over 18x adjustment points.
 - Laser cut steel plate for precision assembly and quality.
 - High quality 2000lb commercial aircraft quality cables.
- Self-aligning nylon pulleys and bearings for smooth exercises.
 - Quality bushings provide an ultra smooth workout!
- Gives you some of the best exercises to build a rock solid body!
 - Heavy duty steel construction.
- Quality bracing for correct body alignment throughout your workout.
- Attachments included are 2x Adjustable D Handles, 1x Tricep rope, 1x Straight Bar, 1x Ankle strap, 1x Short bar, 1x Lat bar.
 - Great for rehabilitation or any other workouts.
- Includes Functional Trainer Exercise Chart with many start/finish diagrams.
- Reversible Exercise chart with storage for attachments on opposite side.

The following pictures demonstrates many uses of the functional trainer:







LOWER BODY

SQUAT



LOWER BODY

LUNGE



LOWER BODY

KICK BACK



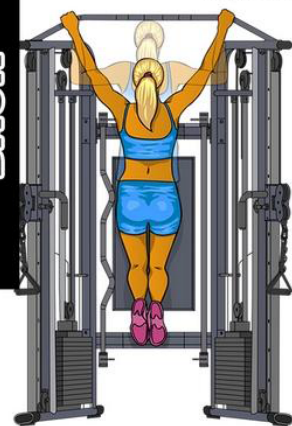
LOWER BODY

HIP FLEXION



BACK

PULL UP



BACK

SEATED ROW



BACK

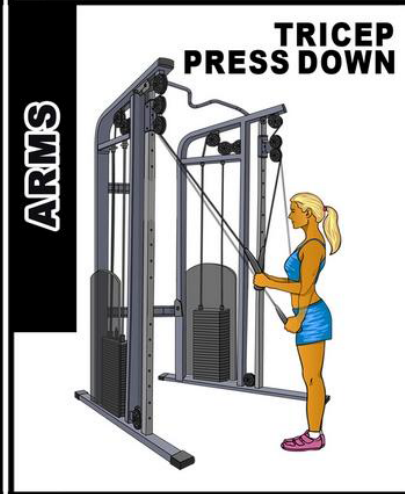
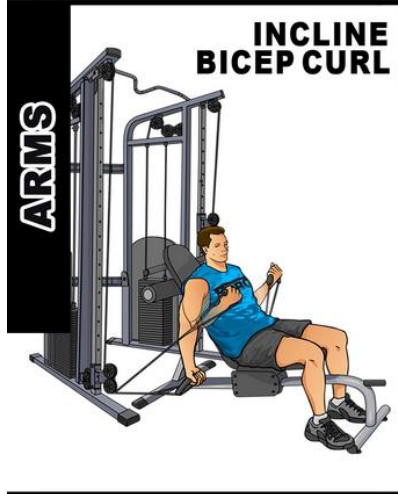
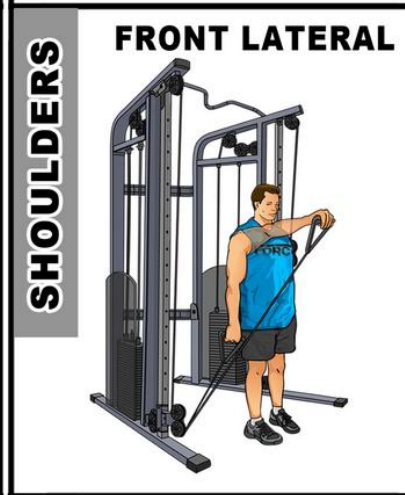
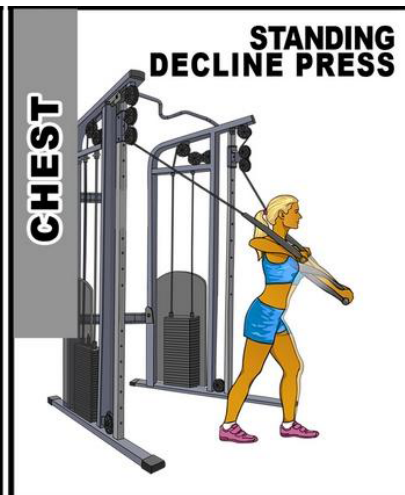
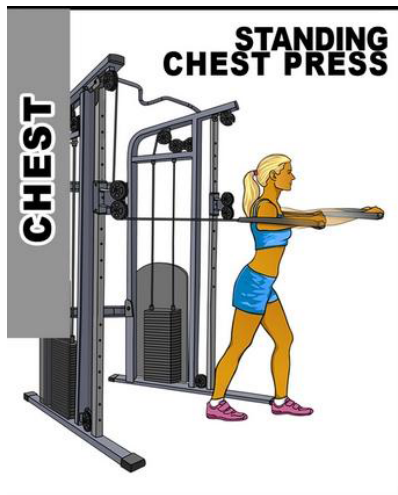
REAR DELTOID



CHEST

CHEST PRESS







ADDITIONAL
INFORMATION

| More Information | |
|-------------------|--|
| Warranty | Mainframe: Lifetime, Other parts: 1 year |
| Product Weight | 304kg |
| Product Dimension | 107 x 146 x 213cm (L x W x H) |