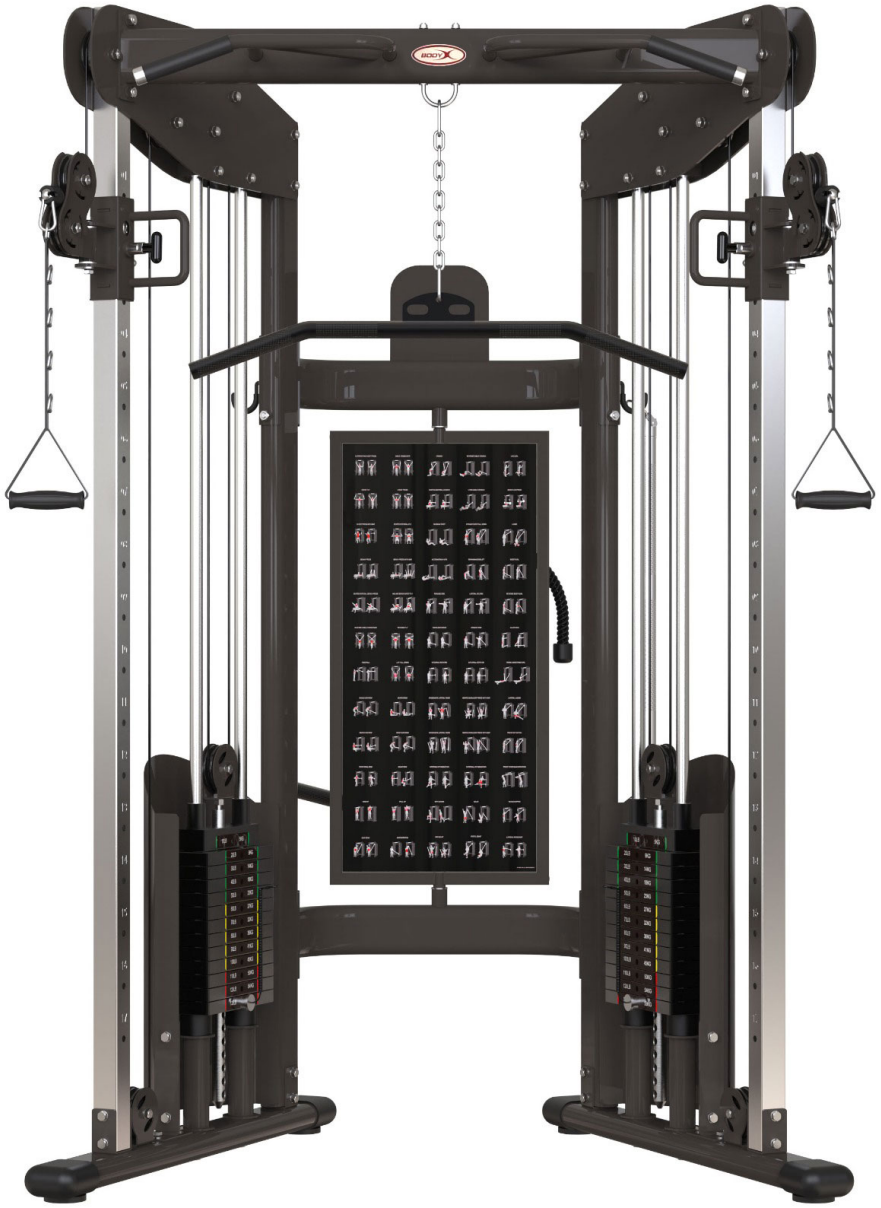
BODYX FUNCTIONAL TRAINER

SKU: BK-3073



60KG VERSION SHOWN IN IMAGE



PRODUCT DESCRIPTION

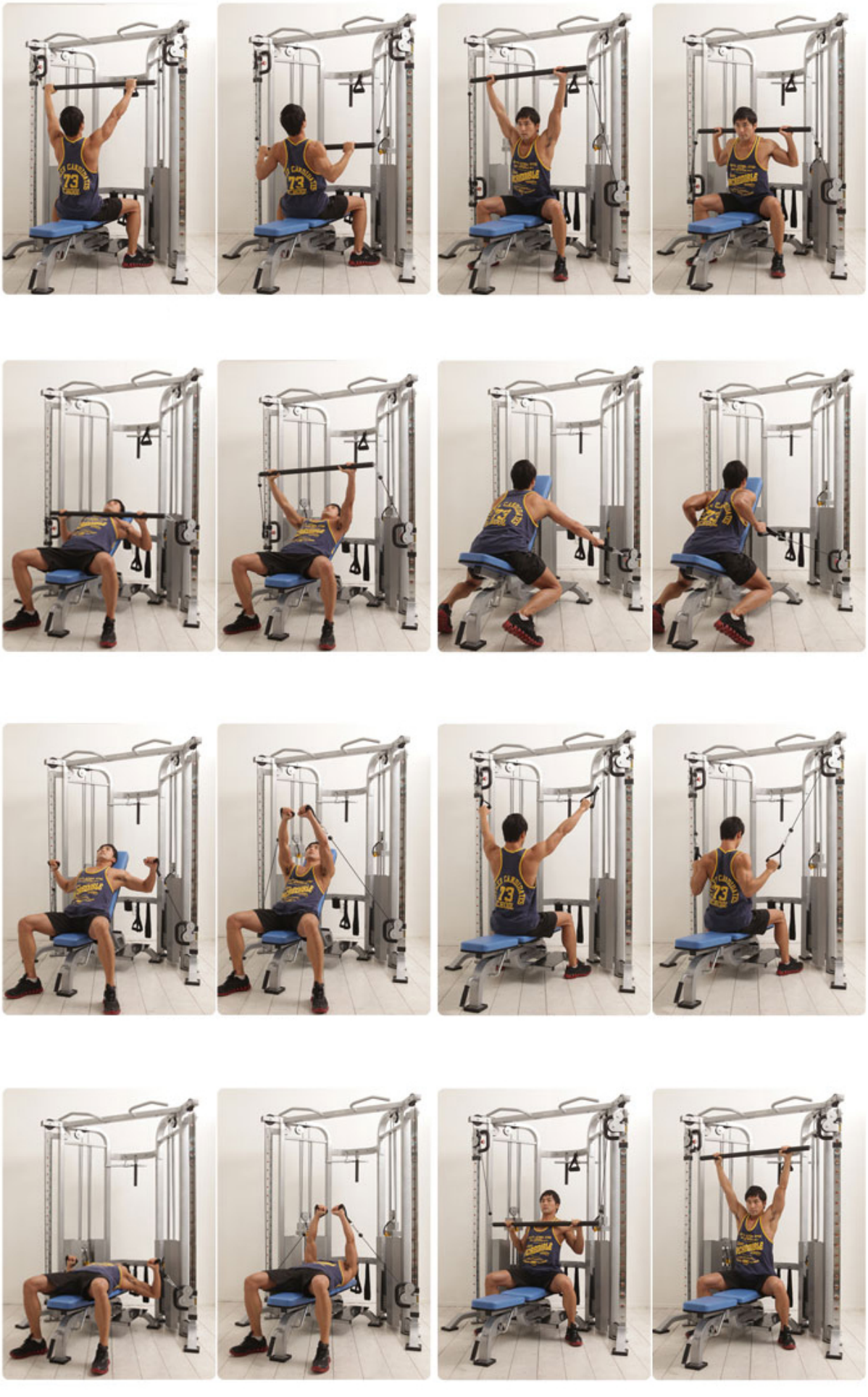
The **Adjustable Functional Trainer** will help you build your entire body with a huge range of functional and sport specific exercises and independent height adjustable dual cable pulleys!

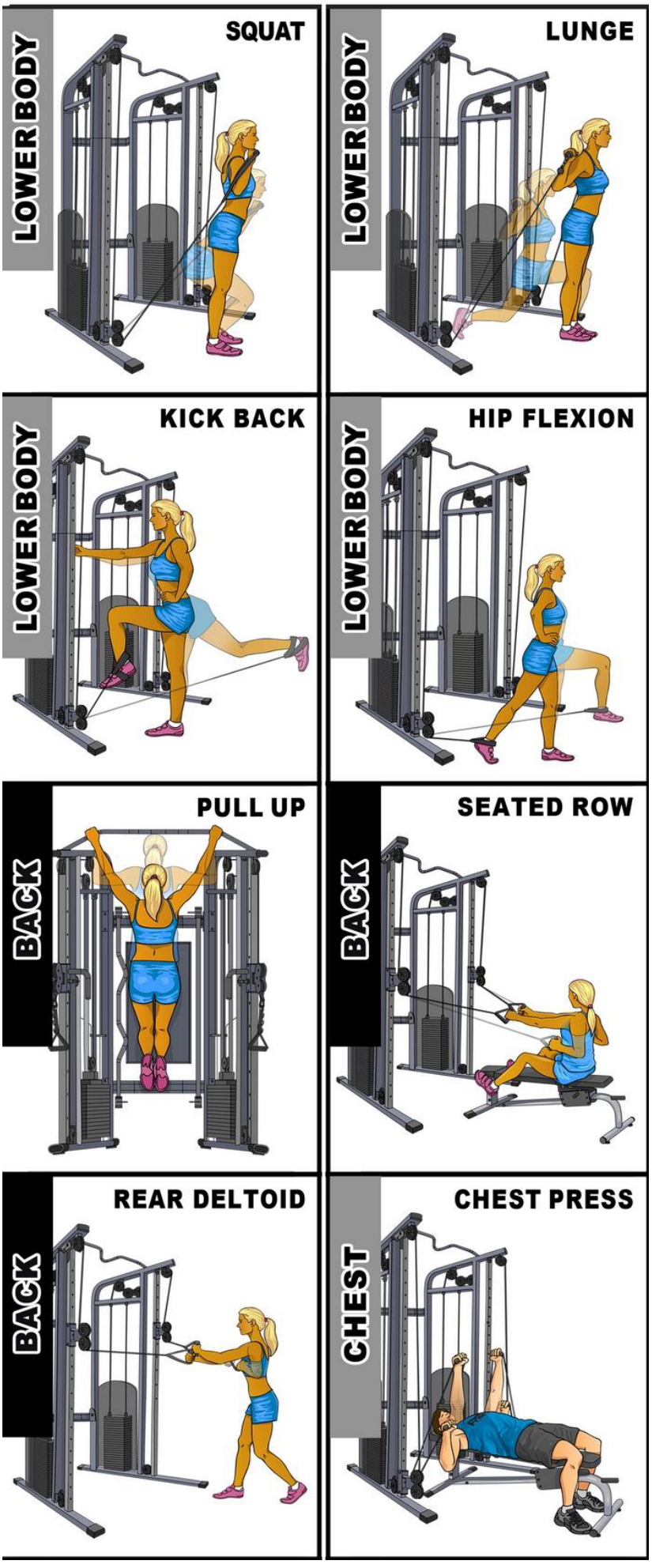
Features:

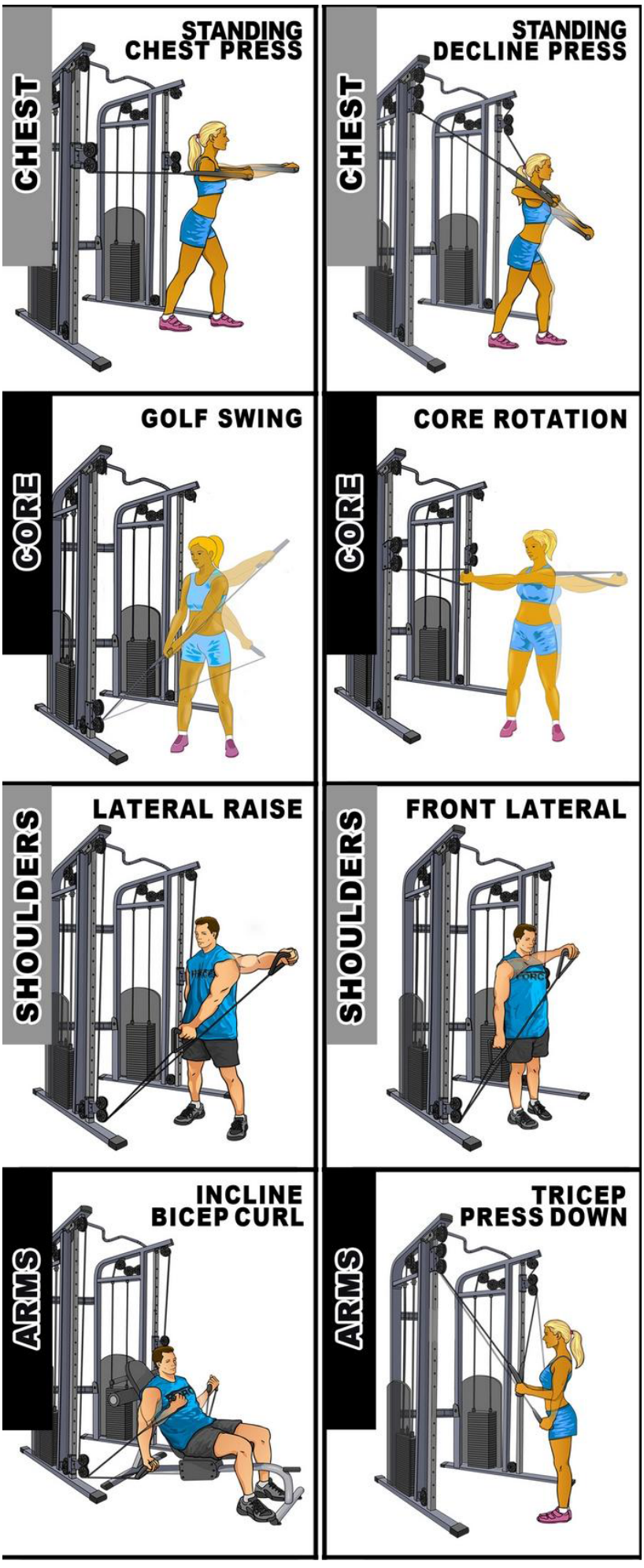
• Multi-position fully adjustable swivel pulley system.
• 2 x 90kg weight stacks / 2 x 60kg weight stacks (10lbs increment)
• 2:1 Pulley Ratio (effective 5lbs increment)
• Cross beam with multi-grip chin up bar.
• High quality safety shrouds surround the weight stacks.
• Easy pull pin with handle to adjust height in seconds with over 18x adjustment points.
• Laser cut steel plate for precision assembly and quality.
• High quality 2000lb commercial aircraft quality cables.
• Self-aligning nylon pulleys and bearings for smooth exercises.
• Quality bushings provide an ultra smooth workout!
• Gives you some of the best exercises to build a rock solid body!
• Heavy duty steel construction.
• Quality bracing for correct body alignment throughout your workout.
• Attachments included are 2x Adjustable D Handles, 1x Tricep rope, 1x Straight Bar, 1x Ankle strap, 1x Short bar, 1x Lat bar.
• Great for rehabilitation or any other workouts.
• Includes Functional Trainer Exercise Chart with many start/finish diagrams.
• Reversible Exercise chart with storage for attachments on opposite side.

The following pictures demostrates many uses of the functional trainer:






LOWER BODY
SQUAT
LOWER BODY
LUNGE
LOWER BODY
KICK BACK
LOWER BODY
HIP FLEXION
BACK
PULL UP
BACK
SEATED ROW
BACK
REAR DELTOID
CHEST
CHEST PRESS


CHEST
STANDING CHEST PRESS
CHEST
STANDING DECLINE PRESS
CORE
GOLF SWING
CORE
CORE ROTATION
SHOULDERS
LATERAL RAISE
SHOULDERS
FRONT LATERAL
ARMS
INCLINE BICEP CURL
ARMS
TRICEP PRESS DOWN



ADDITIONAL INFORMATION

More Information

Warranty	Mainframe: Lifetime, Other parts: 1 year
Product Weight	304kg
Product Dimension	107 x 146 x 213cm (L x W x H)