VIGOR VIRGIN RUBBER BUMPER PLATE

SKU: K2006





PRODUCT DESCRIPTION

Made from solid virgin rubber, these plates have an even edge and are finished with painted letters for a crisp look that completes any home gym or commercial fitness facility.

• Include 2 x 5kg, 2 x 10kg, 2 x 15kg, 2 x 20kg plates
• Virgin Rubber
• Hole diameter: 2 Inch
• Diameter of all plates: 45cm
• Durometer: 85
• Weight tolerance: +/- 10g
• Little or no odour

Bumper plates are solid rubber weight plates, to fit the Olympic bar. They're all the same diameter, regardless of weight. Bumpers were developed to train the Olympic lifts, because they can be dropped without wrecking stuff.

Rubber coated iron plates will keep your weights from killing your floors when you put them down a bit firmly, but aren't anything like a substitute for bumpers. If you drop them, they'll mess with your floor, with the bar, and the rubber will split ... sooner or later.

ADDITIONAL INFORMATION