



BODYX FOLDING CUBE SMITH MACHINE FUNCTIONAL TRAINER COMBO

SKU: BK-3101







PRODUCT DESCRIPTION

This is a world first for Folding Home Gym Smith Machine with Pulley System. In a time where space is not always a luxury for everyone.

- Folds away easily after usage
 - Takes little workout area
 - Use pin select weight stack for smith machine
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BODYX CUBE

The Folding Smith Machine, All-In-One Functional Trainer.

- The CUBE Folding Home Gym Smith Machine can transform from a depth of 120cm to as

The Smith Machines ideal for improving building muscle with a lower risk of injury. Fitted with safe lock and release mechanisms and a safety catch allowing you to max out your training without the need for a spotter.

little as 60cm

- Accessories: Handles for Cable Crossovers, Lat Pull Down Bar, Tricep Pulldown rope, Push Bar, Short bar, Ankle Strap
- Works well with the [DHT Ultralim Folding Bench](#) in which the bench can be folded and stored within the machine together.

Key features:

- Steel aircraft cables, rated to 2,000 lbs
- 2 x 90kg weight stack
- Off-the-floor base

This is a world first for Folding Home Gym Smith Machine. All-In-One Functional Trainer upgrade to the fitness Solution.



The smith machine



The pulleys



The stacks

The CUBE utilizes high quality 25mm self-aligning linear bearings to achieve the smooth, secure movements a smith machine needs. Change weights easily with the built in weight stack.

Dual, heavy duty swivel pulleys on the front rack form an essential component of this machine. A fixing point for the many attachments included with the CUBE, there is little you cannot perform with this cable system.

2 x 90kg precision cut steel weight stacks allow the user to increase strength over time with 20 weight increments. These easy to access, pin select weight stacks add ease for quick-changing supersets, multiple users and much more.



EXERCISE GUIDE

COMPLETE YOUR WORKOUT
WITH THESE ACCESSORIES
WHICH COMES WITH THE
MACHINE



스쿼트
SQUAT

스미스



바벨로우
BARBELL ROW

스미스



데드리프트
DEAD LIFT

스미스



벤치프레스
BENCH PRESS

스미스



딥스
DIPS

케이블



케이블 크로스오버
CABLE CROSSOVER

케이블



트라이셉 프레스다운
TRICEP PRESSDOWN

케이블



랫풀다운
LAT PULL DOWN

케이블



백플라이
BACK FLY

케이블



체스트프레스
CHEST PRESS

케이블



암컬
ARM CURL

케이블



시이트로우
SEATED ROW

케이블



킥백
KICK BACK

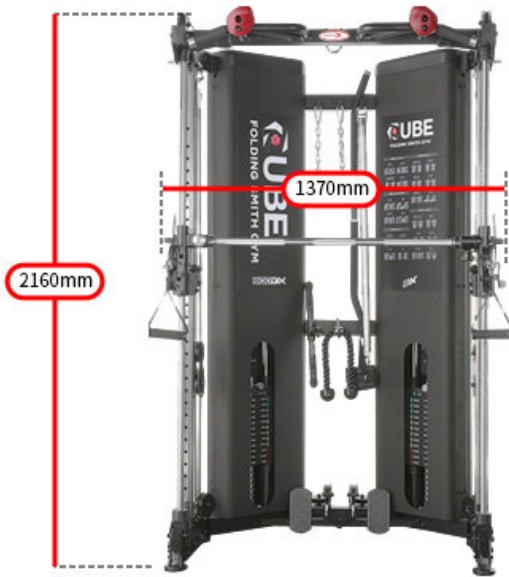
케이블



풀업
PULL UP

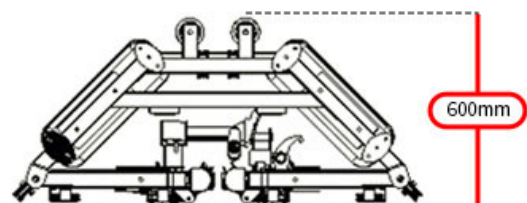
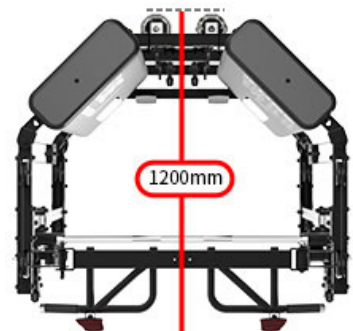
바디웨이트





접었을때
최대넓이 : 1244mm

접었을때
최대깊이(폭) : 600mm





ADDITIONAL
INFORMATION

More Information

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|--------------------------|--|
| Product Weight | 338kg |
| Product Dimension | 120 x 137 x 216cm, Folded: 60 x 124 x 216cm (Depth x Width x Height) |
| Warranty | Mainframe: Lifetime, Other parts: 1 Year |