



PREMIUM WEIGHT BENCH

SKU: BS-FID2





PRODUCT DESCRIPTION

Solid, compact and effective, it is strong enough for gym use, while designed to fit into any home.

The Premium Weight Bench is a solid unit and provides free weight exercises to build a rock solid body! The Premium Weight Bench provides quick and easy seat and back pad adjustments during workouts! Combine with a power rack, smith machine or squat racks for the ultimate workout!

Product Specifications

- Fully adjustable from decline to flat to incline positions -18-0-80 Degrees.
 - Quick and easy seat and back pad adjustment.
 - 45cm flat bench height
- Dual rear transport wheels which allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.
 - Designed for vertical storage
 - Oversize foam rolls.
- Optional Attachment option: Leg Attachment, Crunch Attachment

Add-on options

Crunch Attachment

This attachment allows the user to lock their legs in the air for crunch situp. Have a strong core? Take it a step further by doing air crunches



Leg Attachment

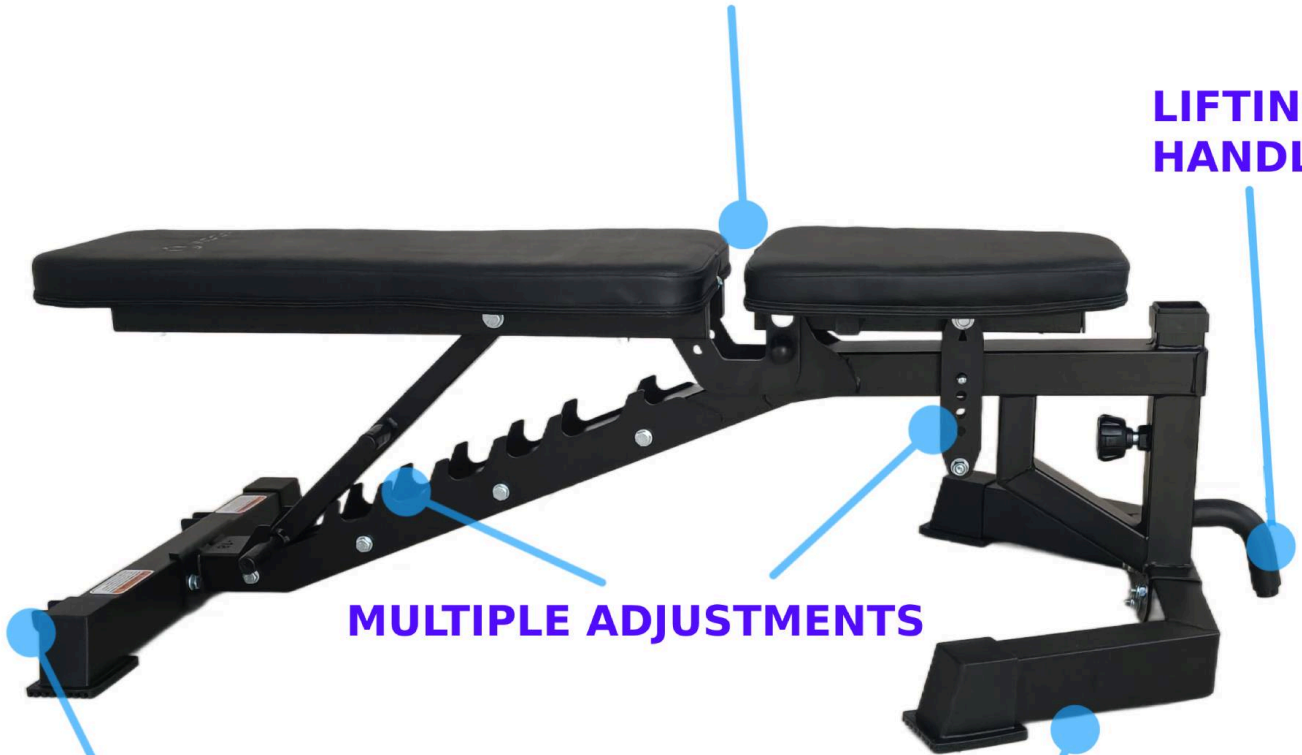
Perform Leg Extension or Lying Leg Curl. Load weight plates for resistance. Can be locked for situp.





SMALL GAP (45MM)

**LIFTING
HANDLE**



MULTIPLE ADJUSTMENTS

WHEELS FOR MOBILITY

**LEG CAN BE INSTALLED
INWARD TO SAVE SPACE**



DESIGNED TO BE STORED VERTICALLY UPRIGHT





More Information

Warranty	Mainframe: Lifetime, Other parts: 1 year
Assembly	Self assembly
Product Weight	27.4kg
Max Load	300kg
Product Dimension	157.3 x 73.4 x 45cm