



PREMIUM WEIGHT BENCH

SKU: BS-FID2





PRODUCT DESCRIPTION

Solid, compact and effective, it is strong enough for gym use, while designed to fit into any home.

The Premium Weight Bench is a solid unit and provides free weight exercises to build a rock solid body! The Premium Weight Bench provides quick and easy seat and back pad adjustments during workouts! Combine with a power rack, smith machine or squat racks for the ultimate workout!

Product Specifications

- Fully adjustable from decline to flat to incline positions -18-0-80 Degrees.
 - Quick and easy seat and back pad adjustment.
 - 45cm flat bench height
- Dual rear transport wheels which allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.
 - Designed for vertical storage
 - Oversize foam rolls.
- Optional Attachment option: Leg Attachment, Crunch Attachment

Add-on options

Crunch Attachment

This attachment allows the user to lock their legs in the air for crunch situp. Have a strong core? Take it a step further by doing air crunches



Leg Attachment

Perform Leg Extension or Lying Leg Curl. Load weight plates for resistance. Can be locked for situp.





SMALL GAP (45MM)

LIFTING HANDLE



MULTIPLE ADJUSTMENTS

WHEELS FOR MOBILITY

**LEG CAN BE INSTALLED
INWARD TO SAVE SPACE**



DESIGNED TO BE STORED VERTICALLY UPRIGHT





More Information

Warranty	Mainframe: Lifetime, Other parts: 1 year
Assembly	Self assembly
Product Weight	27.4kg
Max Load	300kg
Product Dimension	157.3 x 73.4 x 45cm