

HOME GYM 8

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## PRODUCT DESCRIPTION

The **Adjustable Height** Squat Stand takes up little space and is the safe training partner you are looking for. The bar holder and the spotters can be set at different heights for a complete workout.

The heavy construction and the solid design ensure that the stand-alone squat position is stable during training and does not succumb during the heaviest exercise. This guarantees a fine training, where safety comes first.

The red spotters can be hung at six different heights so that you can perform several exercises with a good feeling.

Some exercises that you can perform with the Adjustable Height Squat Stand:

Squats

- Shoulder presses
- Bend over rows

Most important features:

Adjustable in height
2 adjustable spotters for extra safety
High quality black and red metallic powder coating
Maximum load up to 273 kg

ADDITIONAL INFORMATION			
	More Information		
	Product Weight		31kg
F	Product Dimension		98 x 119 x 104cm (L x W x H)
	Max Load		273kg
	Warranty		1 Year