



# VIGOR ADJUSTABLE HEIGHT SQUAT STAND

SKU: HR3210





## PRODUCT DESCRIPTION

The **Adjustable Height** Squat Stand takes up little space and is the safe training partner you are looking for. The bar holder and the spotters can be set at different heights for a complete workout.

The heavy construction and the solid design ensure that the stand-alone squat position is stable during training and does not succumb during the heaviest exercise. This guarantees a fine training, where safety comes first.

The red spotters can be hung at six different heights so that you can perform several exercises with a good feeling. The bar holders can be adjusted up to a maximum of 156 cm thanks to the easy-to-operate pop-pin system designed for users to squat up to 188 cm tall.

Some exercises that you can perform with the Adjustable Height Squat Stand:

- Squats
- Shoulder presses
- Are over rows

Most important features:

- Independent squat stands
  - Adjustable in height
- 2 adjustable spotters for extra safety
- High quality black and red metallic powder coating
  - Maximum load up to 273 kg

## ADDITIONAL INFORMATION

### More Information

**Product Weight**

31kg

**Product Dimension**

98 x 119 x 104cm (L x W x H)

**Max Load**

273kg

**Warranty**

1 Year