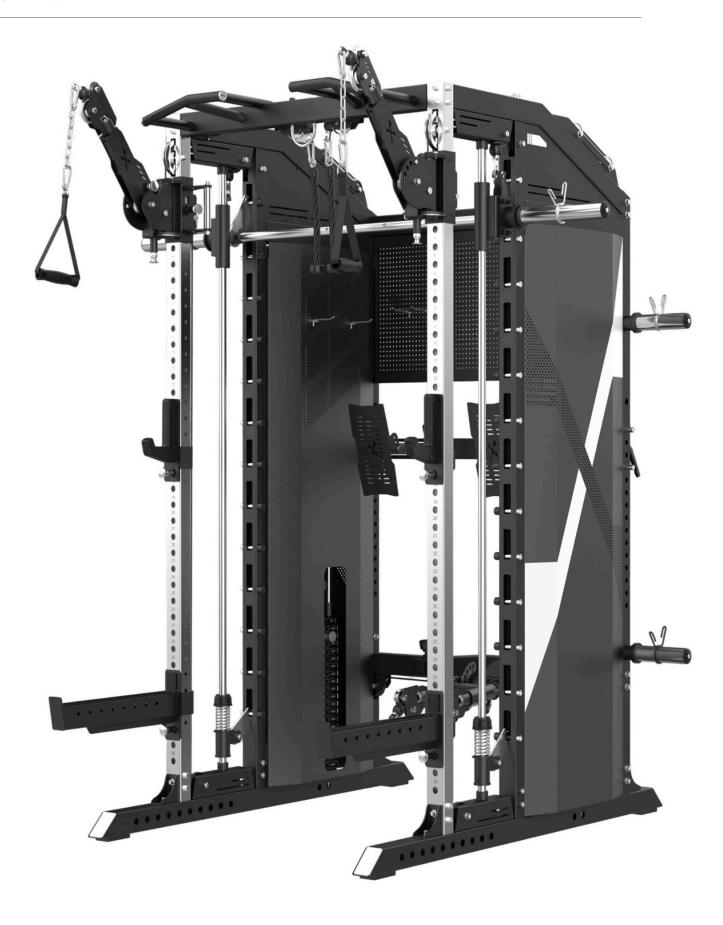


## VIGOR TITAN X20 ALL IN 1 TRAINER



SKU: VT-X20





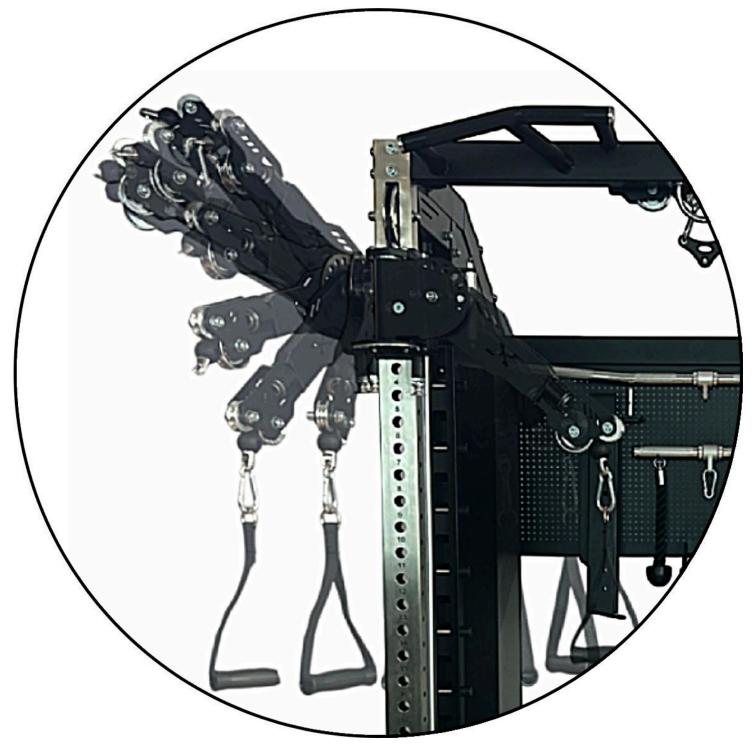
PRODUCT DESCRIPTION

## **Our best All-in-1 Trainer Ever!**

Preorder now with \$400 discount (with sliding bench) by applying coupon code: PreorderX20

2026 Latest Model • Unique functions • Ultra smooth cables - All in one Compact Trainer

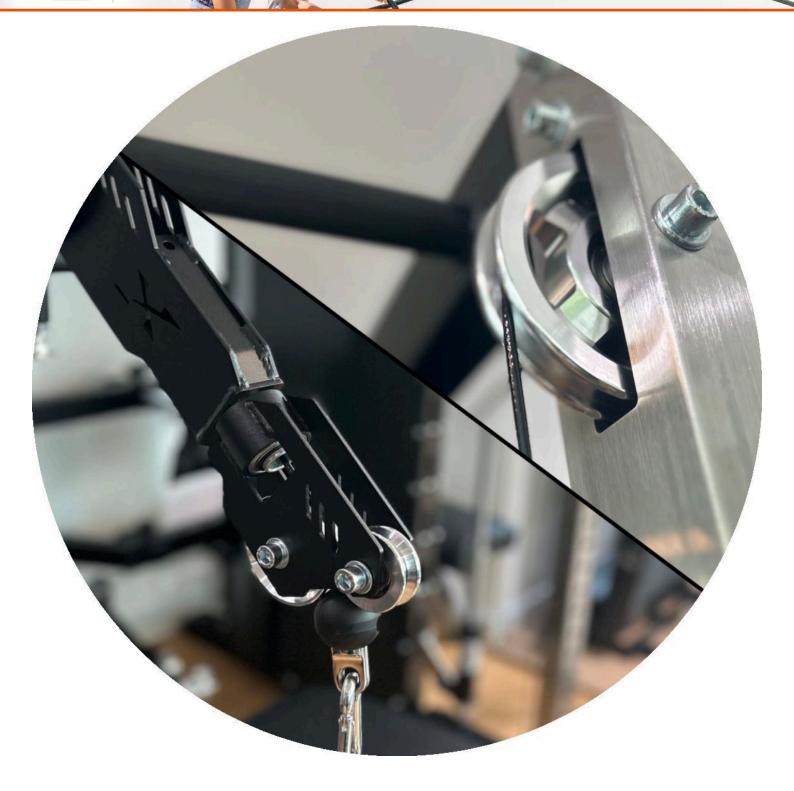




FlexMotion360

Omni Directional dual pulley system with 2:1 cable ratio





SmoothGlide Cable

Ultra smooth cables using aluminium for core system





**Counterbalanced Smith Bar** 

Extra cables provided to link weight stack to the smith bar to achieve 0kg starting weight

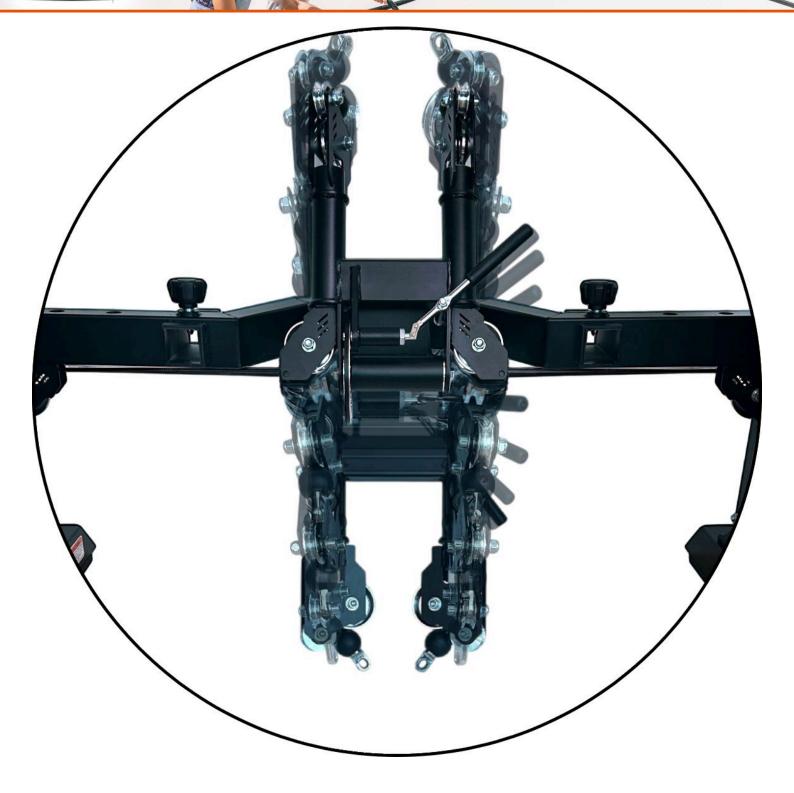




**Stack Connected Smith** 

Connect existing weight stack to the smith bar without usage of additional weight plates

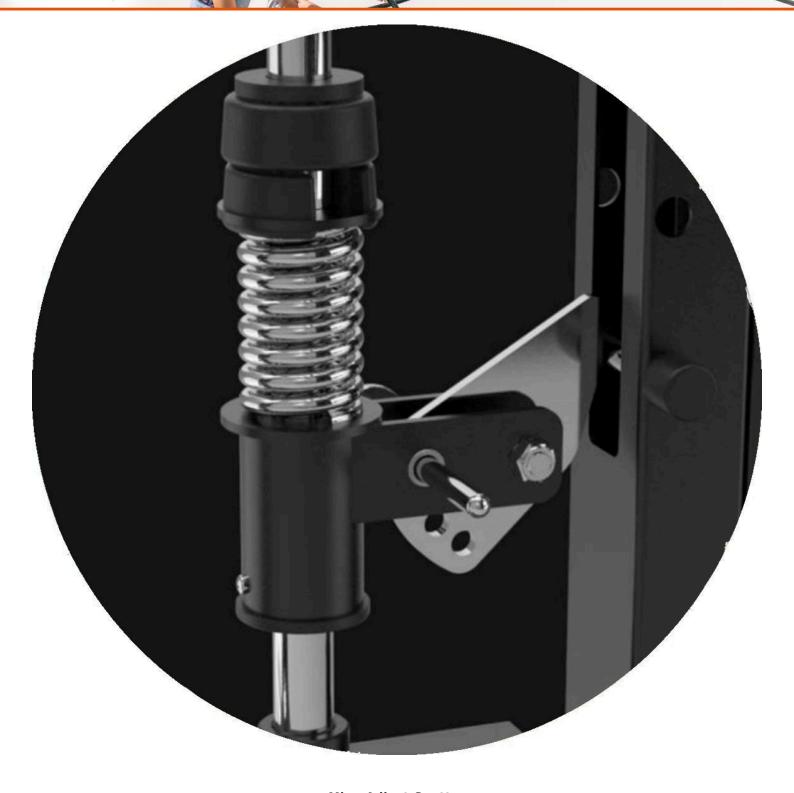




FlexSwing Pulley

Middle dual pulley is able to adjust to 11 different positions with 1:1 cable ratio for each outlet.





MicroAdjust Spotter

Micro adjustable safety setup height for smith bar with up to 8 different precise positions

# Connect with B20 Sliding Bench

Unlock even more training potential by connecting the **B20 Sliding Bench** to the **X20!** This versatile flat-to-incline bench features durable light-commercial upholstery and can be stored upright to save space. Expand your workout with a full range of functions, including **leg press, hack squat, leg extension, leg curl, crunch sit-up, and rowing—all in one compact setup.** 





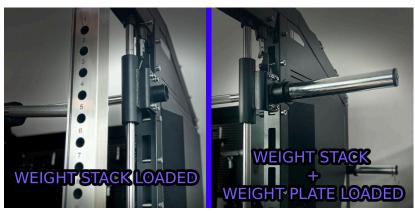
#### **KEY FEATURES**

- Smith machine with Counterbalanced
- Half rack with Extra long Safety Spotter
- Dual adjustable pulley with FlexMotion360
  - Centralize Lat Pulldown Cables
    - FlexSwing Pulley
    - SmoothGlide Cable
    - Multi Grip Chin Up Bar
      - Rubber padded feet
- 2 x 90kg weight stacks (using 1:1 and 2:1 pulley ratio)
  - Max Load: 250kg

#### **CONNECTED WEIGHT STACK SYSTEM**



The Connected Smith System delivers the **ultimate training flexibility**. It seamlessly links the Smith bar to the built-in weight stack, letting you **harness the stack's resistance** directly—while still allowing for traditional weight plate loading on the bar. With this innovative setup, you can train entirely with the **weight stack**, load it up with **plates**, or **combine both** for a fully customized workout experience.



#### **REMOVABLE SIDE SLEEVES**

Perfect for those with limited space — the **Smith bar** sleeves and weight storage can be easily removed, reducing the machine's width by **36 cm on each side.** Enjoy a complete strength workout powered by the built-in dual **90 kg weight stacks**, no extra plates required!



#### **COUNTERBALANCED SMITH BAR**



Using the **dedicated cable outlet**, the **weight stack**can be linked to the **Smith bar** to create a **counterbalance**, effectively offsetting the bar's
original weight. This feature is perfect for users who
prefer to start their training with **lighter resistance**.

Want a **true zero-start**? Just set both stacks to **18 kg** and enjoy a fully counterbalanced Smith bar—perfect for beginners, rehab training, or mastering your form with zero added weight.

#### **SmoothGlide Cable**



A high-quality cable system runs throughout the machine, featuring ultra-smooth aluminium pulleys in the main mechanism. The result is a seamless, fluid cable motion that rivals the performance and feel of commercial-grade equipment.

Don't take our word for it, try it yourself in our showroom!

## MicroAdjust Spotter



Traditional Smith bar safety spotters often make it difficult to find the ideal height for the perfect range of motion. With the innovative MicroAdjust Spotter design, this issue is eliminated — allowing you to finetune the Smith bar safety height with up to 8 precise micro-adjustments on each level for a truly customized workout experience.

The system operates with a pin-lock mechanism, allowing you to easily secure it at different height settings by selecting from multiple adjustment holes. For even greater flexibility, an additional bumper is included to enable larger height adjustments when needed.

FlexMotion360



Omni Directional dual pulley system with 2:1 cable ratio allows pulleys to be adjusted **vertically and horizontally**, which allows training of every major muscle group.

**Upper body**: chest flies, triceps pushdowns, biceps curls, shoulder raises, rows, presses

**Lower body**: cable kickbacks, hip abductions, squats, lunges

**Core**: woodchoppers, rotations, crunches, anti-rotation holds

The ability to change the pulley height lets you simulate **different movement paths and angles** — just like in real-life activities or sports.

#### CENTRALIZE LAT PULLDOWN CABLES



Effortlessly perform lat pulldowns using the centralized cable system. Each cable operates on a 2:1 ratio, and when combined, delivers a true 1:1 resistance for maximum strength training efficiency.

What sets this machine apart is its innovative STACK CONNECTED SMITH bar combined with the MICROADJUST SPOTTER system — allowing you to precisely fine-tune the height and create the perfect anchor for secure, powerful pulldowns.

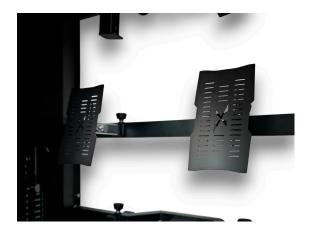
## FlexSwing Pulley

The middle dual pulley system features 11 adjustable positions, each with a 1:1 cable ratio for precise and consistent resistance. This versatile setup supports a wide range of exercises, including low rows, belt squats, and bench-connected leg press or hack squat movements.

The adjustable design allows you to easily find your ideal position and fine-tune the **perfect training tension** every time.



### Adjustable foot plate



The adjustable foot plate offers incredible versatility, adapting to multiple exercise styles depending on its position. When placed in the middle position, it provides stable support for leg press and hack squat movements. Adjust it to the bottom position, and it becomes the perfect platform for rowing exercises—maximizing functionality in every workout.

It can be adjusted **forward or backward** with **6 distance settings** and **3 tilt angles**, allowing you to fine-tune your setup for maximum comfort and performance.

#### **Half Rack**



The half rack setup includes a pair of J-hooks and Safety Spotters, both designed to lock securely in place to prevent any swaying during use. The J-hooks feature a sturdy support backing, making it easy to rack your bar smoothly and confidently. The 51 cm safety spotters—longer than most on the market—provide generous support and security throughout your lifts.

#### **MULTIPLE ATTACHMENT OPTIONS**



#### What's included:

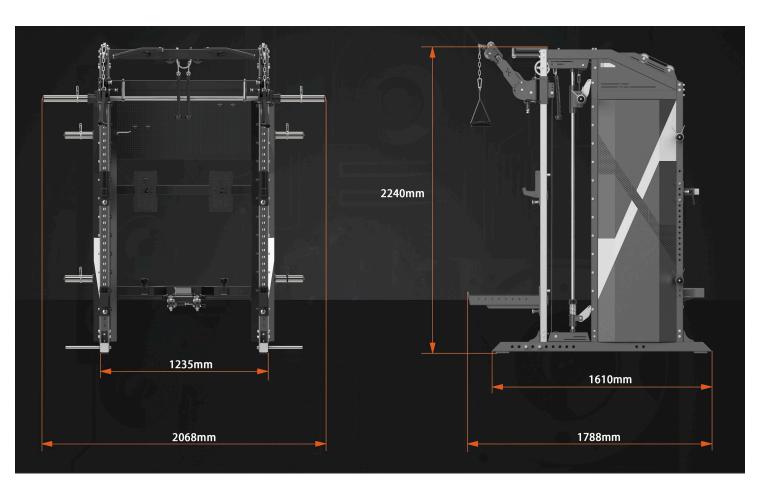
- Short Bar
- Lat Pulldown Bar
- Triangle Attachment
  - Belt squat belt
    - Ankle strap
  - Barbell cushion
  - Rope handles x 2
- Single PVC Stirrup Handles X 2
  - Cable extension chains X 2
    - Cable Carabina X 8
    - J-Hooks X 1 (Pair)
    - Safeties X 1 (Pair)
- Double To Single Adaptor x 2
  - Band pegs x 4
  - Pegboard Hooks x 10



#### **EASILY STORE YOUR WEIGHTS AND ATTACHMENTS**



The X20 features a large integrated pegboard designed to neatly organize and display all included attachments. Users can easily customize the layout to match their personal training setup and preferences. The system also includes six weight storage holders and one barbell holder, keeping your space tidy and efficient.



ADDITIONAL INFORMATION

#### More Information

Product Weight452kgProduct Dimension206.8 x 178.8 x 224cm (Width x Depth x Height)Max Load250kgWarrantyMainframe: Lifetime, Other parts: 2 years, Labour: 1 year