AEKE SMART HOME GYM K1

SKU: AEKE-K1





PRODUCT DESCRIPTION

AEKE K1 — Your Personal AI Coach, Your Ultimate Home Gym

One intelligent system replaces multiple strength machines, giving you guided workouts for every major muscle group.

Incline Bench Press Rack

Target upper chest and shoulders with adjustable, guided resistance for safer, more effective presses.

Barbell

Perform classic compound lifts without bulky plates or racks, with smart digital weight feedback.

Resistance Band

Add dynamic tension to workouts, perfect for mobility, toning, and recovery sessions.

Hip Thrust Machine

Build glutes efficiently with controlled, guided resistance for maximum safety and results.

Deadlift Platform

Train strength and form with precise, digital tracking for every lift.

Squat Rack

Replicate heavy barbell squats safely, with adaptive resistance and real-time form guidance.

Dumbbell

Replace traditional dumbbells with smart, adjustable resistance for safe, precise upper- and lower-body training.

Flat Bench Press Rack

Perfect your chest presses with smooth, stable resistance and guided support for maximum performance.

HOW IT WORKS

Smart Training. Simplified.

Just three simple steps to personalized, AI-powered results.

01

02



Step 1 — Customize

Build your personalized training plan

Step 2 — Train with AI

Real-time coaching and smart guidance

03

Step 3 — Track Results

Measure progress. See real improvement.

Redefining Smart Strength

Lifetime Free · 200+ Expert Workouts · 300+ Movements

Smart Accessories

- AEKE Smart Grips
- AEKE Heart Rate Armband
- Smart 8 Electrode Scale
- Barbell Unloader
- Ankle Straps
- Smart Adjustable Barbell
- Backup Cords
- Camera Cover

Full Feature Overview

ACTIVE GAMING

Make Fitness Feel Effortless

Most workouts feel like work—that’s why consistency is hard.

AEKE K1 changes the feeling.

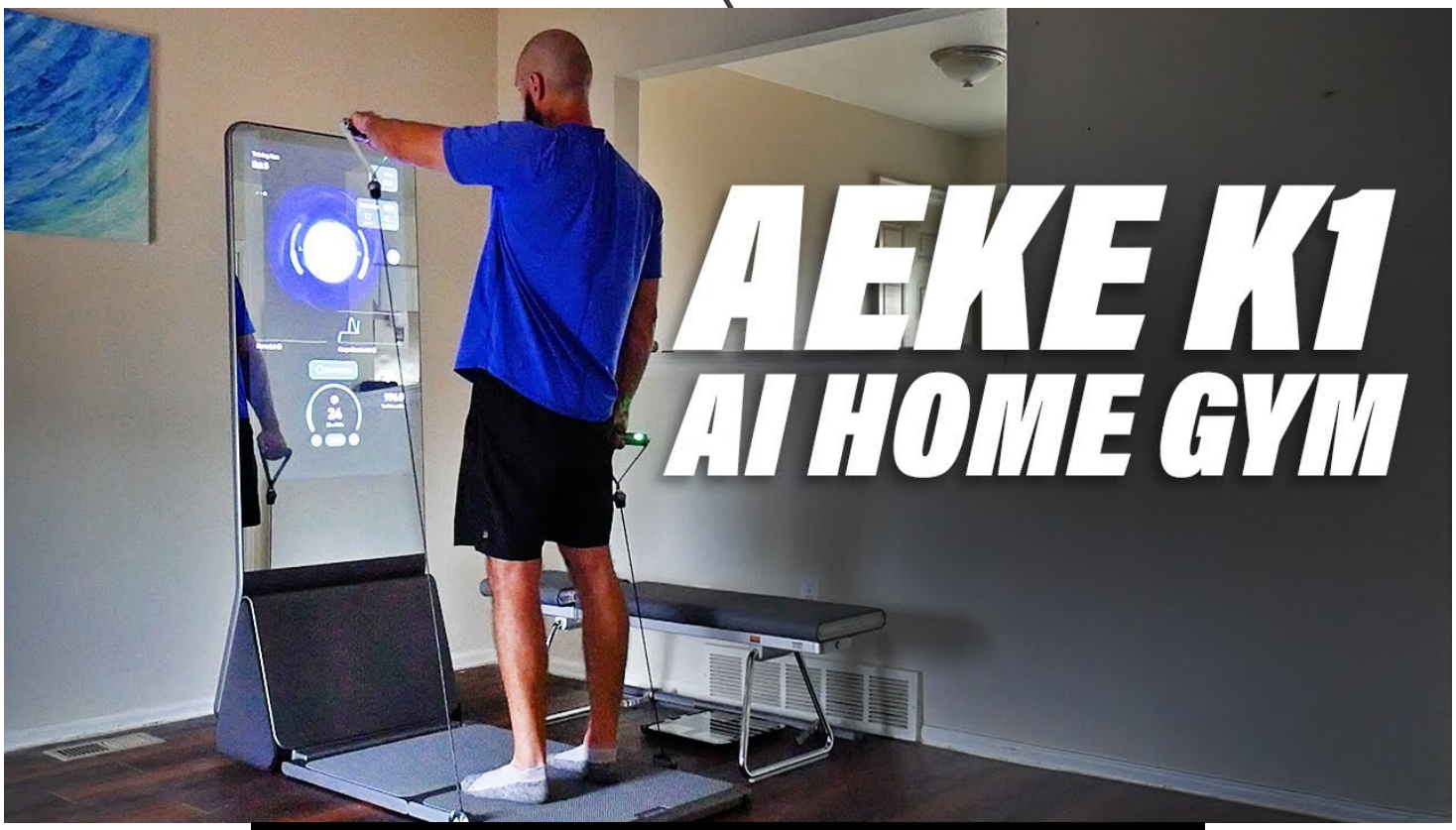
Turn training into motion-powered games that activate your body and spark real energy.

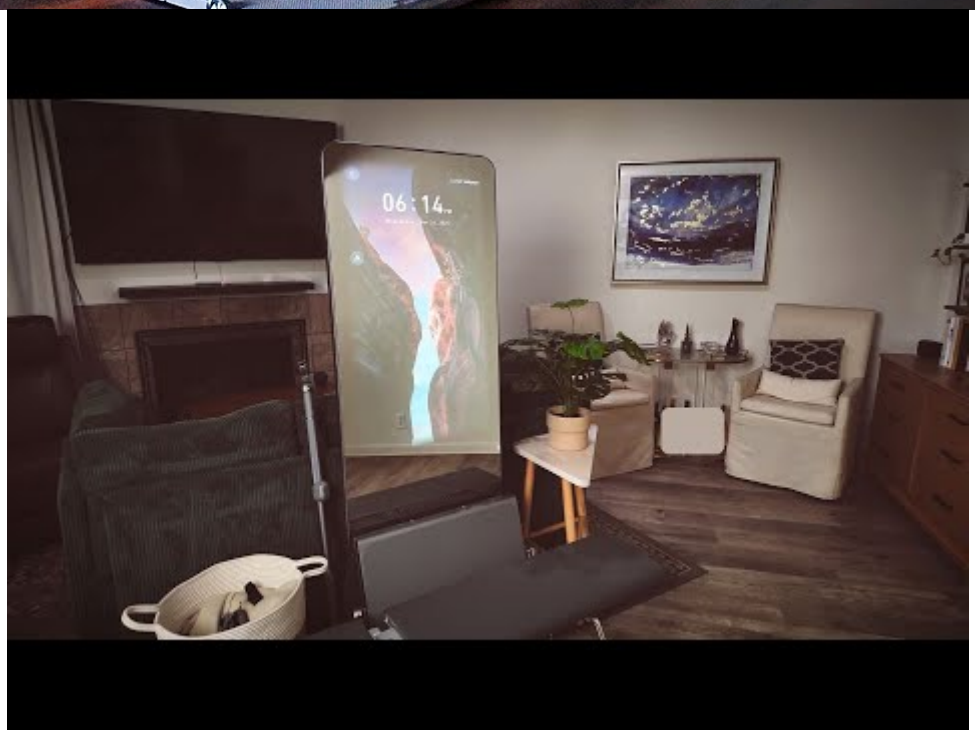


Box, compete, and play—solo or with family.

When fitness feels like play, staying motivated stops being a struggle.

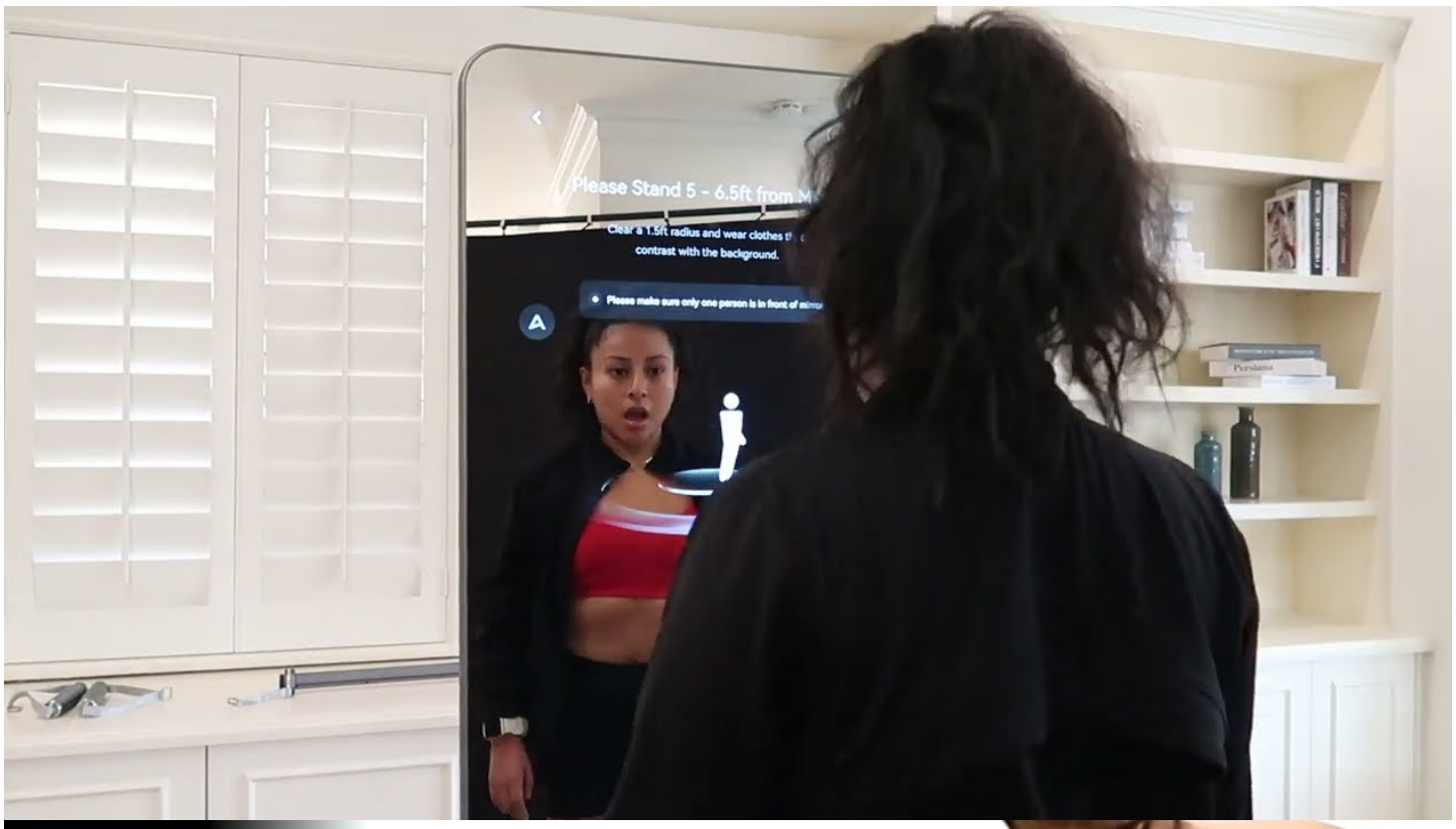
Real People. Real Progress.






CAN A
SMART MIRROR
REPLACE YOUR
GYM?
AEKE K1


Eat + Train
with me
to stay healthy
Upper Body Workout!
BUFFALO
ZERO SUGAR
good CULTURE
COTTAGE CHEESE


Please Stand 5 - 6.5ft from M
contrast with the background.


- 6 -
METHODS
+ 300% STRENGTH
+ 7,000% HGH
+ 50% SIZE
50 lbs
20 lbs


AEKE K1
FULL REVIEW!
AEKE K1
User Guide


you know any age really at 70 old



ADDITIONAL INFORMATION

More Information

Product Weight	80kg
Product Dimension	Folded: 45.5 x 69.5 x 174cm (L x W x H), Unfold: 146.8 x 69.5 x 174cm (L x W x H)
Level Of Resistance	100kg
Warranty	2 years parts and labour on machine, 1 year on accessories