AEKE S1 PRO SMART HOME GYM

SKU: AEKE-S1PRO



PRODUCT DESCRIPTION

Everything You Need. Nothing You Don't.

Stop piecing your training together. AEKE S1 Pro replaces 23+ traditional machines, delivering everything you need within 0.31 m². Grounded in the science-backed LTAD framework, adaptive AI adjusts resistance and progression to your level, turning every session into structured, long-term capability. Whenever you feel the motivation, roll it out, unfold the pedal, and power on. Just a clear, supportive experience.

Why clutter your home with dozens of machines when one can do it all? S1 Pro delivers the most comprehensive strength coverage in its class, targeting every major muscle group and total-body development. From chest and back to legs and core, you can activate every muscle across 350+ supported movements.

Shift between strength, power, endurance, and control without switching equipment.

When you're ready to go further, just expand. Rowing, skiing, Pilates... S1 Pro always keeps up.

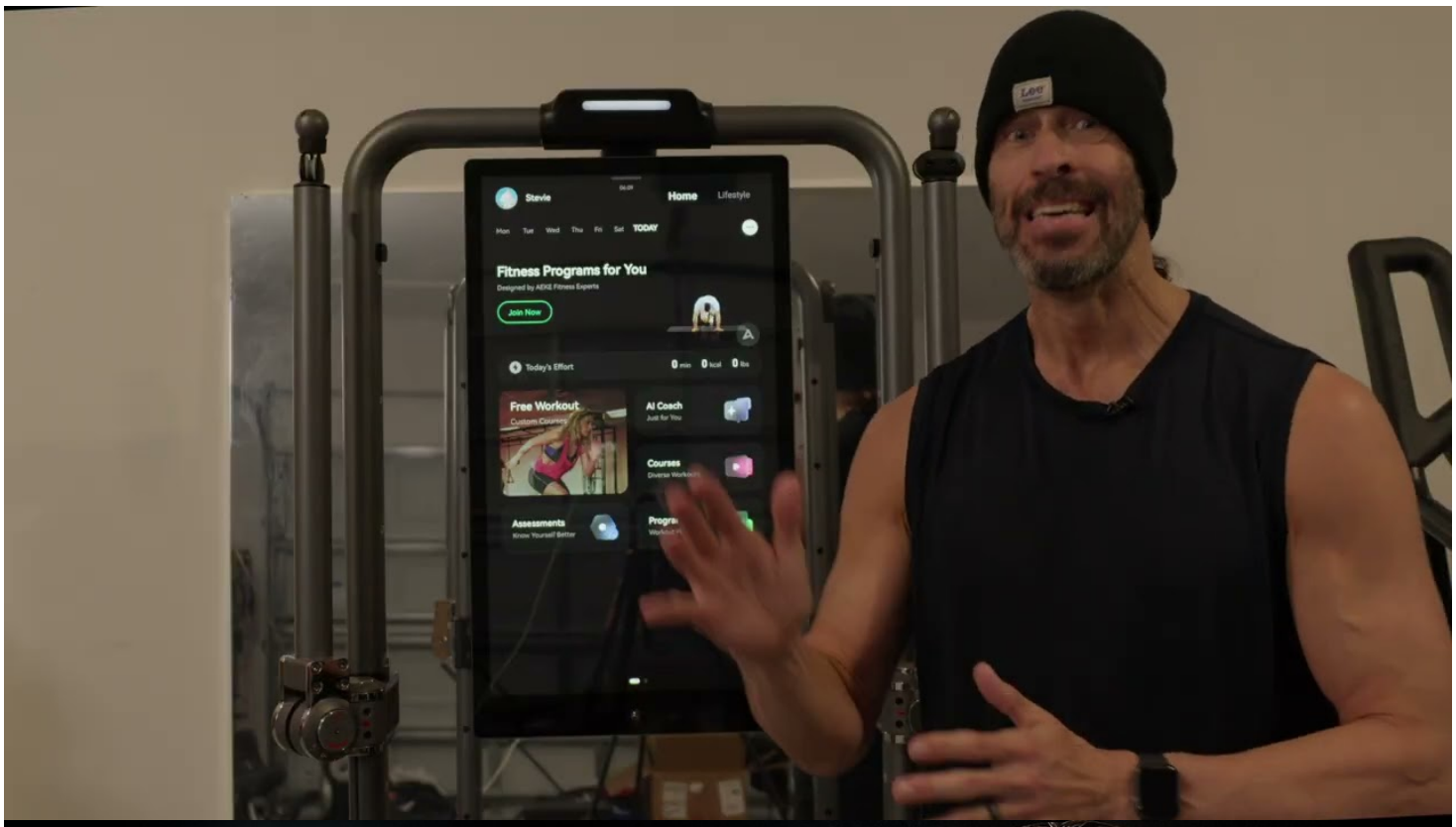
S1 Pro frees you from the fixed path. The 7×9×3 adjustable arm system delivers **185 force-angle combinations** to align with your body's natural force lines across all postures, ensuring every movement feels natural, effective, and safe.

Adjusting arm height, angles, and switching attachments has never been this fluid. Designed for a "one-step" experience, S1 Pro dissolves every barrier in your workout and eliminates setup friction, letting you stay in the zone and focus entirely on your flow.

Say goodbye to monthly fees. S1 Pro gives you unlimited access to **165+ expert-led programs** and premium AI coaching—for life. No limits. No paywalls. Just growth, anytime, anywhere.

See S1 Pro In Action

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Stevie
Home
Lifestyle
Fitness Programs for You
Join Now
Free Workout
AI Coach
Courses
Assessments


AEKE
YOUR ALL-IN-ONE
SMART HOME GYM
YOUR
QUESTIONS
ANSWERED



Track load, volume, and essential metrics clearly to ensure your improvement is built on evidence. By turning your effort into real-time visible results, S1 Pro removes the uncertainty of "**feeling**".



Why limit your output because your equipment can't keep up? A low center-of-gravity structure keeps **60%+** of the weight in the base, so S1 Pro stays planted no matter how hard you push. From heavy pulls to rotational power, resistance stays locked. No sway. No drift. The cable system has passed **60,000+ high-intensity cycles**. S1 Pro is built to progress with you.

How many times have you held back because of a lack of a spotter? S1 Pro is built for solo training at full intensity. Start finding out what you're actually capable of.

Still training with an "AI coach" that only counts reps? Built on the ACSM framework, S1 Pro runs a six-dimensional assessment most coaches skip, covering body composition, strength, flexibility, body posture, endurance, and movement pattern. S1 Pro reads how you move, where you're weak, and what your next phase should look like.

Start with your goal, set your timeline, and get a fully personalized AI training plan in seconds.

Powered by our proprietary neural model, S1 Pro tracks 42 skeletal points in real-time to analyze your form across five critical dimensions: posture, kinetic chain, trajectory, range, and tempo. It's not just a camera — it's a digital biomechanics lab that corrects you the instant you drift, then prescribes the exact drills to fix your weakness.

Tired of everything that happens before the first real set? S1 Pro eliminates every barrier to your fitness. No commuting. No lines. No broken rhythm. It arrives ready to train. The foldable pedal features a one-second quick-deploy structure, allowing instant transitions between storage and training. Whether it's an early-morning reset or a late-night recharge, roll it out, plug in, and start training.

The interface is obvious from the first touch. No need to learn tech. Adjust resistance via touchscreen or Bluetooth remote handle—whatever feels natural mid-set.

Up to 9 independent profiles make family sharing effortless. No re-learning, no re-setting.



You come back exactly where you left off.

Compact and adaptable, S1 Pro folds down to 0.31 m². Easy to store and move. The gym appears when you need it.

Try it in our Showroom

ADDITIONAL INFORMATION

More Information

Product Dimension	Folded: 71.5 x 42.5 x 185cm (L x W x H), Unfold: 71.5 x 135.5 x 185cm (L x W x H)
Level Of Resistance	100kg
Warranty	2 years parts and labour on machine, 1 year on accessories