



# PREMIUM WEIGHT BENCH (BS-FID)

SKU: BS-FID





## PRODUCT DESCRIPTION

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Solid, compact and effective, it is strong enough for gym use, while designed to fit into any home.

The weight bench is a solid unit and provides free weight exercises to build a rock solid body! The commercial grade bench provides quick and easy seat and back pad adjustments during workouts! Combine with a power rack, smith machine or squat racks for the ultimate workout!

### Product Specifications

- Fully adjustable from decline to flat to incline positions -20-0-85 Degrees.
  - Quick and easy seat and back pad adjustment handles.
  - Backpad position lockable at flat 0 degree.
- Dual rear transport wheels which allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.
- Removable handle and leg pad attachment for intense decline exercises.
  - Oversize foam rolls with steel incaps.
- Optional Attachment option: [Preacher curl](#) and [Leg curl](#)



## REASONS WHY IS THE PREMIUM WEIGHT BENCH IS SUPERIOR IN COMPARISON

<p><b>BASE</b></p>	<p>COMMERCIALY INSPIRED ANTI SLIP FOOT PLATE</p>	<p>No protection against scratches / damages to floor</p> <p>Rubber cap drop out easily</p>
<p><b>LEG HOOK</b></p>	<p>EXTRA THICK FOAM WITH COVER AND STEEL CAP</p>	<p>No cover, absorb sweat and get dirty easily</p>
<p><b>SUPPORT</b></p>	<p>COMMERCIALY INSPIRED HEAVY DUTY STEEL PLATE SUPPORT</p> <p>NYLON PADDED REDUCE NOISE</p>	<p>Direct metal to metal contact which will scratch off coating of mainframe</p> <p>Loud noise during adjustment</p>
<p><b>WARRANTY</b></p>	<p>Lifetime on mainframe</p>	<p>No lifetime warranty</p>

ADDITIONAL INFORMATION

More Information

<b>Packaging</b>	128 x 50.5 x 25.5cm (32kg)
<b>Warranty</b>	Mainframe: Lifetime, Other parts: 1 year
<b>Assembly</b>	Self assembly
<b>Product Weight</b>	30kg
<b>Max Load</b>	300kg
<b>Product Dimension</b>	164 x 61.5 x 93cm