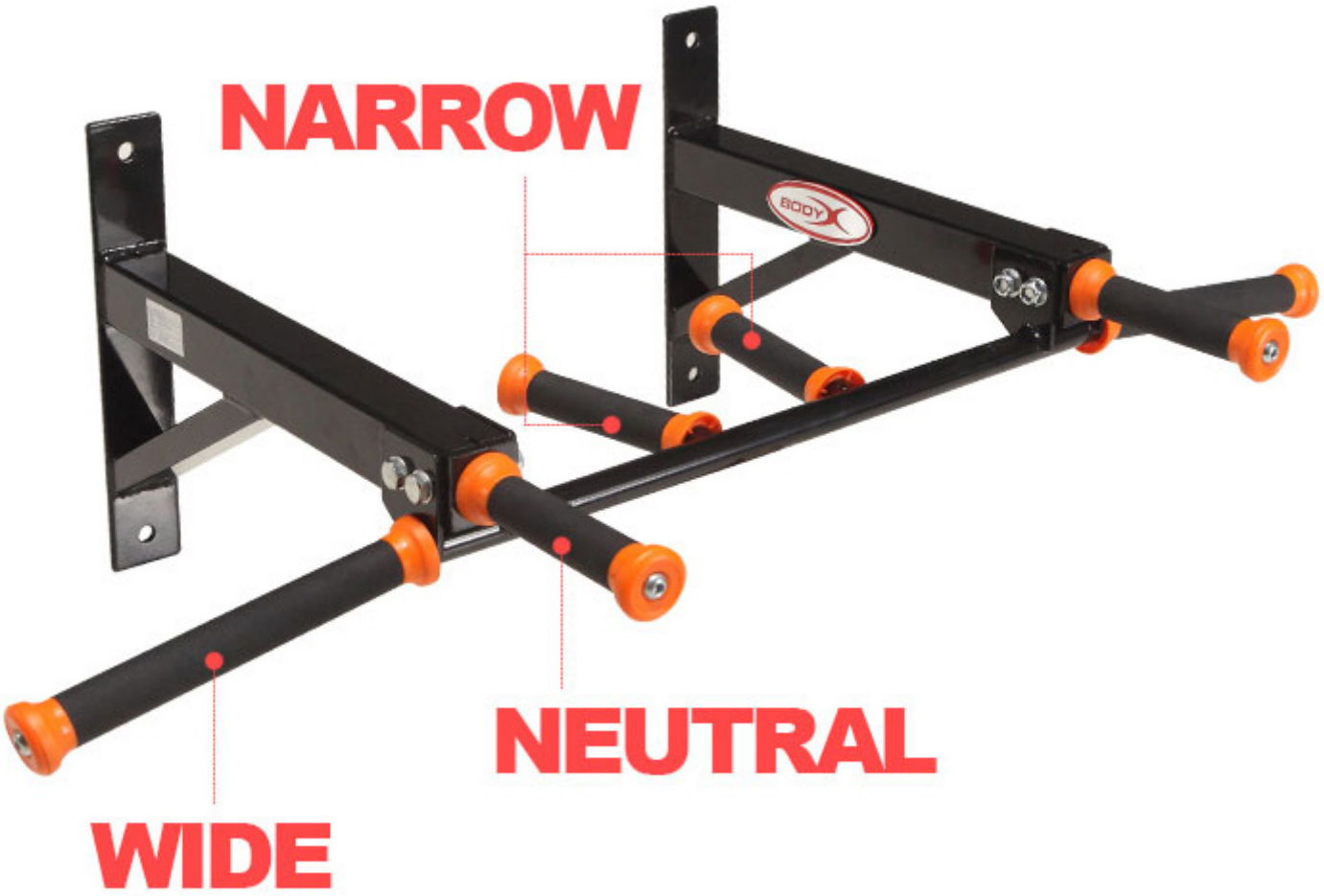
WALL MOUNTED CHIN UP BAR

SKU: BV-3007





PRODUCT DESCRIPTION

This Chin Up bar enables you to do various pull up grip positions (wide grip, reverse grip, close grip, and hammer grip) that work on your compound muscles for fast, maximum results! Develop your back, chest, shoulders, lats, biceps, triceps, and forearms using your body's weight resistance. Achieve those six-pack abs by doing a variety of hanging crunchers that effectively target different areas of your abdomen, including your lower core!

It is easy to assemble and ready to use. It holds up to 180kg of weight! Mount on a solid/thick wall or wood beam for safety and maximum performance.

- Wall-Mounted Chin Up Bar comes with installation kit and holds up to 250kg of weight
- Built with professional quality hi-grade steel
- Easy to assemble: mount on solid wall or wood beam
- Offers multiple grip positions for a variety of exercise options

NOTE: Wall mounting services not included. Not recommended for mounting on a thin wall.

ADDITIONAL INFORMATION

More Information

Warranty	1 year