



# VIGOR WEIGHT VEST - 20KG

SKU: AW-WVEST-20





## PRODUCT DESCRIPTION

The Vigor 20kg Weight Vest is the perfect solution to taking your workout to the next level.

Solid construction and effective in design, the Vigor 20kg Weight Vest is made for everyday training use. Featuring heavy duty structural integrity, the Vigor 20kg Weight Vest is built to take a pounding and help you expand your range of exercises. The Vigor 20kg Weight Vest is unmatched in its class and will give you solid and intense workouts for many years to come!

With the Vigor 20kg Weight Vest you will have intense workouts for a variety of different muscle groups while maximizing the effectiveness of your workouts with a combination of core and strength workouts. The Vigor 20kg Weight Vest provides some of the best, most effective strength training exercises. Use at the gym or at home to mix up your exercises and take your training to the next level!

The Vigor 20kg Weight Vest is worn just the same way you would wear a jacket. Adjustments allow the Vest to fit to effectively to your body shape. The weights have been positioned to provide an even distribution over your torso so the load is proximal to your core and minimizes stress on your joints.

Weights can be removed or added to suit your particular exercise. The Vigor 20kg Weight Vest can be used in addition to many exercises such as Chin Ups, Push Ups, Squats, Lunges, Kettlebell workouts or almost anything you can think of. Wear the Vigor 20kg Weight Vest whilst active in training at the gym, active in sport, running or simply going for a walk and you'll not only improve your strength and conditioning gains but also tone up and lose fat whilst burning extra calories.

### Product Specifications:

- Add or remove weight blocks for a total weight of 20kg
- Adjustable to suit different body shapes

\*2019 update: New model will come with 30 pockets instead of 20 pockets to allow for future addons.

## ADDITIONAL INFORMATION

### More Information

#### Warranty

1 Year