



# FORCE USA FLAT / INCLINE / DECLINE ADJUSTABLE BENCH

SKU: F-FID





## PRODUCT DESCRIPTION

Get a full-body workout with the toughest Flat to Incline/Decline Bench available! The **Force USA** Flat to Incline/Decline Bench (F-FID) is heavy duty and fully adjustable to give you a solid workout! The **Force USA** Flat to Incline/Decline Bench is made to take as much as you can give it and is the ultimate bench for a complete free-weight workout!

Solid, compact and effective, the **Force USA** Flat to Incline/Decline Bench is strong enough for gym use, while designed to fit into any home. Featuring **SteelForce™** Structural Integrity and heavy-duty, **DuraCore™** high density foam padding wrapped in sewn rip-stop **VorTex™** Upholstery, the **Force USA** Flat to Incline/Decline Bench is built to take a pounding. And, with a "Class A" rating, the **Force USA** Flat to Incline/Decline Bench comes with a Lifetime Structural Warranty. The **Force USA** Flat to Incline/Decline Bench is unmatched in its class and will give you solid and intense workouts for many years to come!

The **Force USA** Flat to Incline/Decline Bench is a solid unit and provides free weight exercises to build a rock solid body! The back rest features two piece **DuraCore™** high density foam which is extremely comfortable and will not bottom out during your workout, along with fully adjustable back rest you can workout in flat to incline (85 degrees) and decline positions which will help give you many exercise positions for rock solid results! Combine with a power rack, smith machine or squat racks for the ultimate workout!

### Product Specifications:

- **Assembled Dimensions (LxWxH):**
  - **Upright position:** 158cm x 64cm x 130cm
  - **Flat position:** 158cm x 64cm x 51cm
- **Weight:** 30kg
- **Weight rating:** 275kg
- Fully adjustable from Flat to Incline and Decline positions.
- Gives you some of the best free weight exercises to build a rock solid body!
- Perform free-weight exercises knowing you are safe, with quality **DuraCore™** padding you will not bottom out and can build your muscles to the max!
- Get a full-body workout with the strongest and most versatile Flat to Incline/Decline Bench available.
- Adjustment markings from 0 Degrees to 85 Degrees to make your workout easier and more enjoyable.
- Quick and easy seat and back pad adjustment handles.
- Dual rear transport wheels which allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.
  - Removable handle and leg pad attachment for intense decline exercises.
  - Attachment option: [Preacher curl](#) and [Leg curl](#)
- **SteelForce™** Structural Integrity - Built to last high quality heavy-gauge steel that supports even the toughest of workouts.
- **DuraCore™** High Density Foam Padding - Strong and durable high density gym quality foam padding.
  - **VorTex™** Upholstery - Commercial grade upholstery which has a rip-stop feature.
  - **EcoCoat™** - Environmentally friendly powder coating.
- Sewn Seats □ Not only do they feature **VorTex™** Upholstery, they look nicer too. Sewn seats are more comfortable and will last longer than vinyl seats that are just stretched or stapled on.
- "Class A", Lifetime Structural Replacement Warranty along with 2 years parts warranty on all cables and pulleys.
  - Assembly required.



ADDITIONAL  
INFORMATION

More Information

<b>Packaging</b>	128 x 50.5 x 25.5cm
<b>Warranty</b>	1 year
<b>Product Weight</b>	30kg
<b>Max Load</b>	275kg
<b>Product Dimension</b>	158cm x 64cm x 51cm