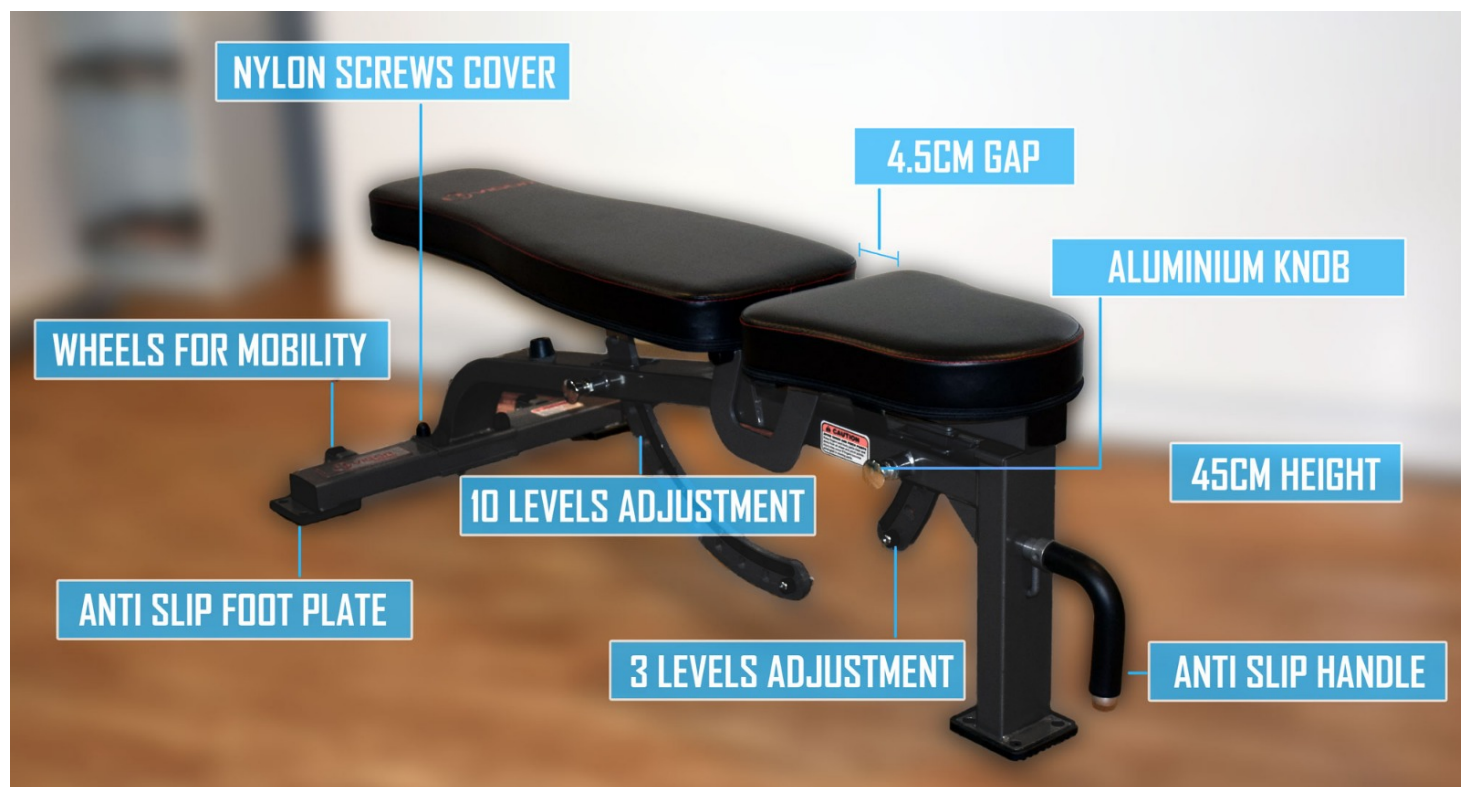




# VIGOR MULTI ADJUSTABLE BENCH (BS-MAB)

SKU: BS-MAB





Solid, compact and effective, it is strong enough for gym use, while designed to fit into any home.

The weight bench is a solid unit and provides free weight exercises to build a rock solid body! The commercial grade bench provides quick and easy seat and back pad adjustments during workouts! Combine with a power rack, smith machine or squat racks for the ultimate workout!

### Product Specifications

- Features Solid Steel Frame / Durable Padding
- Quick and Easy adjustment mechanism allows to adjust Flat, Incline and Decline - 3 x seat and 11 x back adjustments
- Back adjustment angles: -9.5°, 0°, 8.5°, 17°, 25.5°, 34°, 43°, 51.5°, 60°, 70°, 80° (optional)
  - Small gap (4.5cm) between seat and back padding
  - 45cm comfortable height in flat position
- Transport Wheels and handle for easy movement
  - Rubber feet for floor protection and friction
  - Backrest dimension: 30 x 89cm (W x L)
  - Seat dimension: 29 x 35.5cm (W x L)



Ergonomically Designed  
- Stainless steel plate for  
smoothness and long lasting usage



Space Saving  
- Stand upright for storage



DECLINE



INCLINE



FLAT





### Product Improvements (4th gen):

- Added optional backrest angle
- Lengthen backrest padding - Better support for tall user, while shorter user can use the full long backrest
  - Added stainless steel plate to adjustment point to reduce wear from adjustment
  - Upgrade to aluminium pull pins
- Changed logo colour to black on the padding

#### ADDITIONAL INFORMATION

|                          | More Information                         |
|--------------------------|--|
| <b>Packaging</b>         | 145 x 52 x 17cm (30kg)                   |
| <b>Warranty</b>          | Mainframe: Lifetime, Other parts: 1 year |
| <b>Product Weight</b>    | 27.5kg                                   |
| <b>Max Load</b>          | 400kg                                    |
| <b>Product Dimension</b> | 137 x 62.5 x 45cm (LxWxH)                |