



SKU: NTEVRW59216







PRODUCT DESCRIPTION

We've taken a new approach to an old-school workout. Rowing is an efficient form of exercise that works the upper and lower body, focuses on core strength and keeps your heart rate up. You'll see your energy output on the on-screen watts meter. The console angle adjusts for a customized view. Move to the beat of your favorite workout music — an iPod-compatible sound system is built into the console.



## **01** YOUR PROGRESS IN VIEW

The perfect view of the display is available for every user in your household with the innovative adjustable console angle. No matter how tall you are, you'll clearly see your workout stats.



### **02** PEDALS THAT PIVOT

Oversized to fit every foot, these pedals pivot to your movement as you workout, fluid and stable. Adjustable nylon straps and textured foot beds add stability while you train.



## 03 ERGONOMIC SEATING

Ergonomically designed for comfort, this oversized molded seat is made with superior padding and covered with vinyl.



## **04** FOLDS FOR STORAGE

Make the most of your space with convenient SpaceSaver® design. This patented, revolutionary design allows the rower to fold vertically for cleaning and storage.

05 INERTIA-ENHANCED FLYWHEEL Engineered for incredibly

# 06 ADJUSTABLE AIR RESISTANCE

Fan blades generate air resistance as you train. The

# 07 20 WORKOUT APPS

Get the training you want with built-in workouts



smooth performance, this effective inertia-enhanced flywheel delivers more natural motion. You'll feel the difference in your first workout.

faster you row, the more resistance you experience.

designed by a certified personal trainer to help you reach your fitness goals. Choose from 10 watts and 10 calorie training programs.

# 08 OVERSIZED STEEL SEAT RAIL

For smooth movement and superior stability, the seat rail is wide, steady and made of steel.

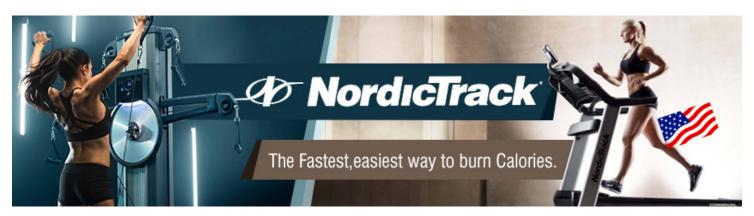
# 09 SOFT TOUCH ERGONOMIC HANDLE

An ergonomically designed rowing handle helps you maintain grip and comfort throughout your workout.

## 10 TRANSPORT

Quickly move your rower with built-in, front-mounted transport wheels.

\*Batteries not provided.



### ABOUT NORDICTRACK

NordicTrack is the most popular brand of fitness equipment in the world. It is sold in more than 70 countries in the world. Several reputable outlets have many good things to say about NordicTrack fitness equipment. Foremost among them is Runner's World, one of the largest communities of runners online.

NordicTrack is owned by Icon Health & Fitness, a company located in Logan, Utah. Icon Fitness is the largest manufacturer of fitness equipment in the world and owns other popular brands such as Proform, FreeMotion and Gold's Gym.

### **PRICING**

Why is there a big price gap between equipment sold in USA and Singapore?

Being their Singapore distributor, we are subjected to a higher price when we bring in the products. This is the reason why our prices are closer compared to other countries like Canada, UK, Australia.

### RESEARCH AND DEVELOPMENT

### NordicTrack's mission is to be the world leader in home fitness equipment!

To achieve this goal, over \$15 million dollars are invested in research and development each year, more than any other home fitness equipment manufacturer.

What makes NordicTracks products unique? Innovation and Technology.



Combined with over 25 years experience in listening to the consumer and feeding new ideas to the development team, NordicTrack products stand out amongst the competition with advanced features and ergonomics.

Our products come to life from a concept or idea from our US design team. From a simple diagram, samples are produced and then undergo further development in conjunction with professional personal trainers like Jillian Michales, coach from TV's The Biggest Loser.

The final phase is incorporates both real life and mechanical testing to ensure the products are sturdy, intuitive and comfirtable to bring you the results and quality you expect.

NordicTrack continues to refine and improve their products to ensure that they are always at the forefront of innovation, allowing NordicTrack to consolidate its position as leader in the fitness market.



ADDITIONAL INFORMATION

### More Information

Panel Powered by 4 x D size battery or Optional Power adapter (Both not provided)

**Warranty** Mainframe: Lifetime, Other parts: 1 Year

**Packaging** 117 x 58 x 65cm (50kg)

**Product Dimension** 216cm L x 56cm W x 111cm H

Max Load 130kg