

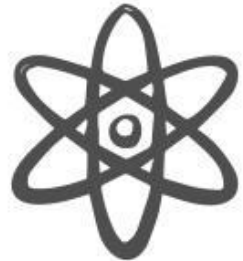


VIGOR MULTI FUNCTIONAL TRAINER

SKU: VS-FTS-BASE



LIGHT 
COMMERCIAL



INNOVATION



PRODUCT DESCRIPTION

The **Adjustable Functional Trainer** will help you build your entire body with a huge range of functional and sport specific exercises and independent height adjustable dual cable pulleys!

Features:

- Multi-position fully adjustable swivel pulley system.
 - (2) graduated 90kg weight stacks.
 - Cross beam with multi-grip chin up bar.
- High quality safety shrouds surround the weight stacks.
- Easy pull pin with handle to adjust height in seconds with over 22x adjustment points.
 - Laser cut steel plate for precision assembly and quality.
 - High quality 2000lb commercial aircraft quality cables.
- Self-aligning nylon pulleys and bearings for smooth exercises.
 - Quality bushings provide an ultra smooth workout!
- Gives you some of the best exercises to build a rock solid body!
 - Heavy duty steel construction.
- Quality bracing for correct body alignment throughout your workout.
- Attachments included are 2x Padded cable attachments, 1x Curl Bar, 1x Straight Bar, 1x Ankle Cuff attachment.
 - Great for rehabilitation or any other workouts.
- The cable system pulley ratio is 2:1 (6kg load= 3kg effective weight) with the option to configure to 4:1 ratio
 - 4:1 ratio is suitable for rehab and explosive exercises

*Note: Additional attachments in picture not included.

The following pictures demonstrates many uses of the functional trainer:







LOWER BODY

SQUAT



LOWER BODY

LUNGE



LOWER BODY

KICK BACK



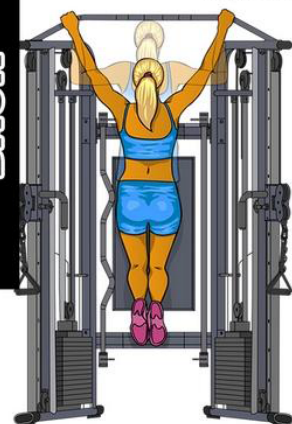
LOWER BODY

HIP FLEXION



BACK

PULL UP



BACK

SEATED ROW



BACK

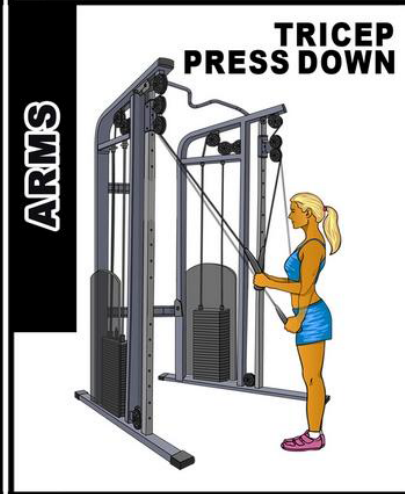
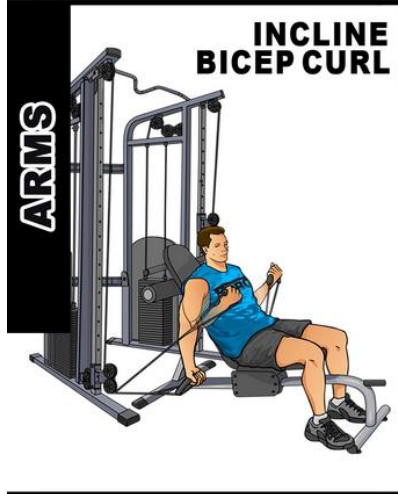
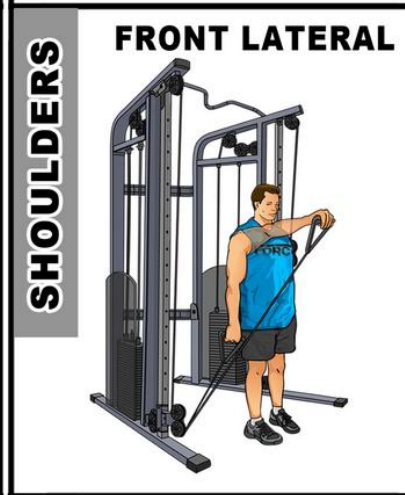
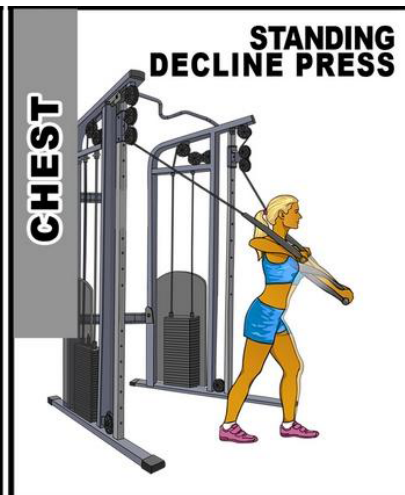
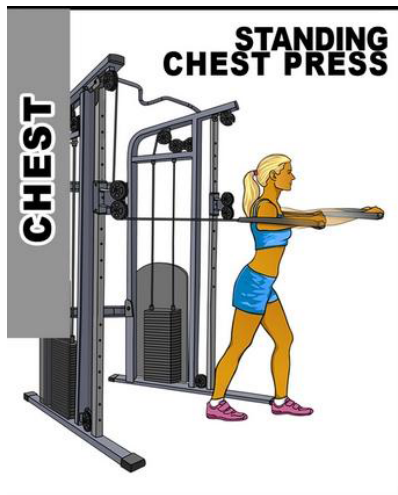
REAR DELTOID



CHEST

CHEST PRESS







ADDITIONAL
INFORMATION



More Information

Warranty	1 year
Product Weight	260kg
Product Dimension	140 W X 144 D X 223cm H