



OLYMPIC WEIGHT SET

SKU: DO-05





PRODUCT
DESCRIPTION

Brand new design!

Advantage of using an Olympic weight set over a standard set is that the Olympic set supports much heavier weights. This will allow a serious lifter to use the same bar as he progresses to lifting heavier weight. Another major advantage is the independently rotating sleeves. By allowing the plates to rotate freely on their own axis, the torque from the sleeves can't transfer into the bar, making the weights easier to control and helping to avoid abrasions the hands from the bar's grip.

Features:

- Premium design
- Tri grip for easy handling (except small weights)
 - Colour coded weight markings
 - Stainless steel inner metal ring

Weight plates:

- 2 x 1.25kg
- 2 x 2.5kg
- 2 x 5kg
- 2 x 10kg
- 2 x 15kg
- 2 x 20kg

Dimensions:

- 1.25kg: 155 x 155 x 19mm
- 2.5kg: 196 x 196 x 22mm
 - 5kg: 25 x 25 x 30mm
- 10kg: 316 x 316 x 35mm
- 15kg: 355 x 355 x 41mm
- 20kg: 390 x 390 x 45mm (combine with [Neoflex High Impact Gym Tiles](#) to elevate lift off height for deadlift)

ADDITIONAL
INFORMATION

More Information

Warranty

1 Year