



VORTEC V1200 SPIN BIKE

SKU: V1200-2





Commercial Grade Cast Iron Flywheel

Maintain a smooth and steady cadence for a better workout

Our commercial quality, heavy flywheel replicates the momentum you get on a real bike, you'll feel just like you're cycling on the road, with smooth pedal strokes and a consistent cadence.



Magnetic Resistance

Experience smooth, quiet and maintenance free resistance.



Maintenance Free



Silent Resistance



Smooth Pedalling

Magnetic Resistance

Experience smooth, quiet and maintenance free resistance

Replicate riding up-hill and reach your fitness goals faster by increasing the resistance at the turn of a dial.
Our magnetic resistance system delivers great resistance for high intensity cardiovascular workouts:

Maintenance Free Resistance System - Unlike mechanical resistance spin bikes, magnets have an extremely long lifetime.

Silent Resistance - No friction means no noise will be generated.

Smooth Pedalling - With no friction and highly consistent magnetic forces, pedalling will be smooth and predictable.



Fore and Aft Adjustability

Get the right fit for your body

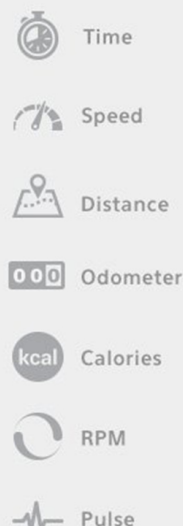
With adjustable handlebar and saddle positions, you'll find a comfortable riding position no matter what size or shape you are. Suits riders up to 200cm tall.



Commercial Steel Frame

Strong frames that will last

Commercial based Tubular Steel Frame
Super sturdy to minimize frame wobble/shimmy during hard sprints; hill climbs
Correct ergonomic frame sizing allows proper road bike simulation & training



Multifunction LCD Display

Keep track of your workout programs

To keep track of your progress, this spin bike features a large LCD display to keep track of your workout progress with measurements such as calories, distance, odometer, pulse, speed, time and cadence (RPM).

KEY FEATURES:

- Belt: **French Hutchinson 8pj High Strength**
- Brakes: **Magnetic braking system with emergency lock**
- Computer: **Wireless. Calories, RPM, Speed, Time, Pulse (requires optional chest belt)**
 - Handlebars: **Ergonomic with adjustable height & adjustable forward / back**
 - Grip: **Comfortable, multi-position grip**
 - Seat: **Ergonomic with adjustable height & adjustable forward / back**
 - Frame: **Commercial with wheels for easy movement**
 - Cranks: **Carbon Steel**
 - Max User Weight: **135kg**

What is a spinning exercise bike?

Spin bikes have a heavy, weighted flywheel that is directly mechanically linked to the pedals. This makes them like fixed-gear bikes, in that if you stop pushing on the pedals, they will tend to keep spinning due to the inertia of the flywheel. A spin bike is generally designed much more like a real road bike, and your posture on the bike will reflect that. A spin bike is very simple and entirely mechanical. This makes it easier to fix and maintain.

The Spinning exercise bike has the following advantages:

- The fixed wheel helps improve your pedalling technique and cardiovascular fitness.
 - More adjustment options for reach, handlebar height, seat height.
 - They are generally better put together.
- The stress in the training is that the resistance and feel is much more like a road bike.

Advantage of spinning exercise bike over normal stationary bike:

- You can "climb" by standing out of the saddle and putting hips back as if on a real road bike, targeting different muscle groups than just sitting.



- You can "isolate" muscle groups by standing and peddling slowly, keeping body (besides legs) as still as possible.
- You can "sprint" - you just can't sprint in a real way on a stationary bike, as you cannot lean over with that giant seat in the way of your legs.
- You can have a correct fit that is more like a real road bike, resulting in you being able to push yourself longer/more without discomfort.

ADDITIONAL
INFORMATION

	More Information
Level Of Resistance	Infinite Analog Adjustments
Flywheel Weight	14kg Calibrated Flywheel
Warranty	1 year
Product Dimension	115 x 59 x 120cm (L x W x H)
Max Load	135kg
Product Weight	51kg
More Information	Magnetic resistance, Wireless console, Total silence