



CONCEPT2 ROWERG INDOOR ROWING MACHINE

SKU: concept2-d





PRODUCT
DESCRIPTION



The World's Best-Selling Rowing Machine

The dependable performance of the Concept2 Model D Indoor Rower has made it the best-selling rowing machine in the world for over 40 years.

Used by elite athletes for competitive training, the versatile Model D fits in as well in fitness facilities and home gyms as it does in boathouses around the world. The Model D fits your goals and your budget, offering a low-impact exercise accessible to anyone of any age.

- Frame: Aluminum
- Finish: Powder coat



Included with your Purchase

- Performance Monitor 5 (PM5)
- Quick Start Guide
- Assembly Tools



Trust Your Workout Data

- Measure your progress with reliable, comparable data on every stroke.
 - Workout options include time, distance and intervals.
 - Easy on your eyes with backlit LCD display.
- Wireless Bluetooth and ANT+ compatibility for heart rate monitoring or apps.
 - Save workouts to a USB flash drive (not included).
 - Games included, and more.



Control Your Workout Intensity

- Air-resistance flywheel responds to every stroke.
- Control the air flow with an easy change of the damper.
 - Damper levels 1-10.
 - Minimal noise.
 - Smooth feel.



Easy to Assemble, Move and Store

- Easy to assemble with only 8 screws.
- Rolls smoothly on caster wheels while fully assembled.
 - Separates into two pieces for storage.
- Releases quickly without tools using a framelock mechanism.
 - Stored dimensions: 63.5 cm x 83.8 cm x 137.2 cm.



Stay Motivated

- Connects with a wide range of popular fitness apps.
- Free ErgData app records and stores workouts on your smartphone.
 - Sign up for Concept2's Workout Of the Day (WOD) emails.
 - Join an Online Challenge.
- Online rankings allow you to compare yourself against others.

ADDITIONAL INFORMATION

	More Information
Warranty	Frame: 5 years, other parts: 2 years
Product Dimension	244 x 61cm (L x W)