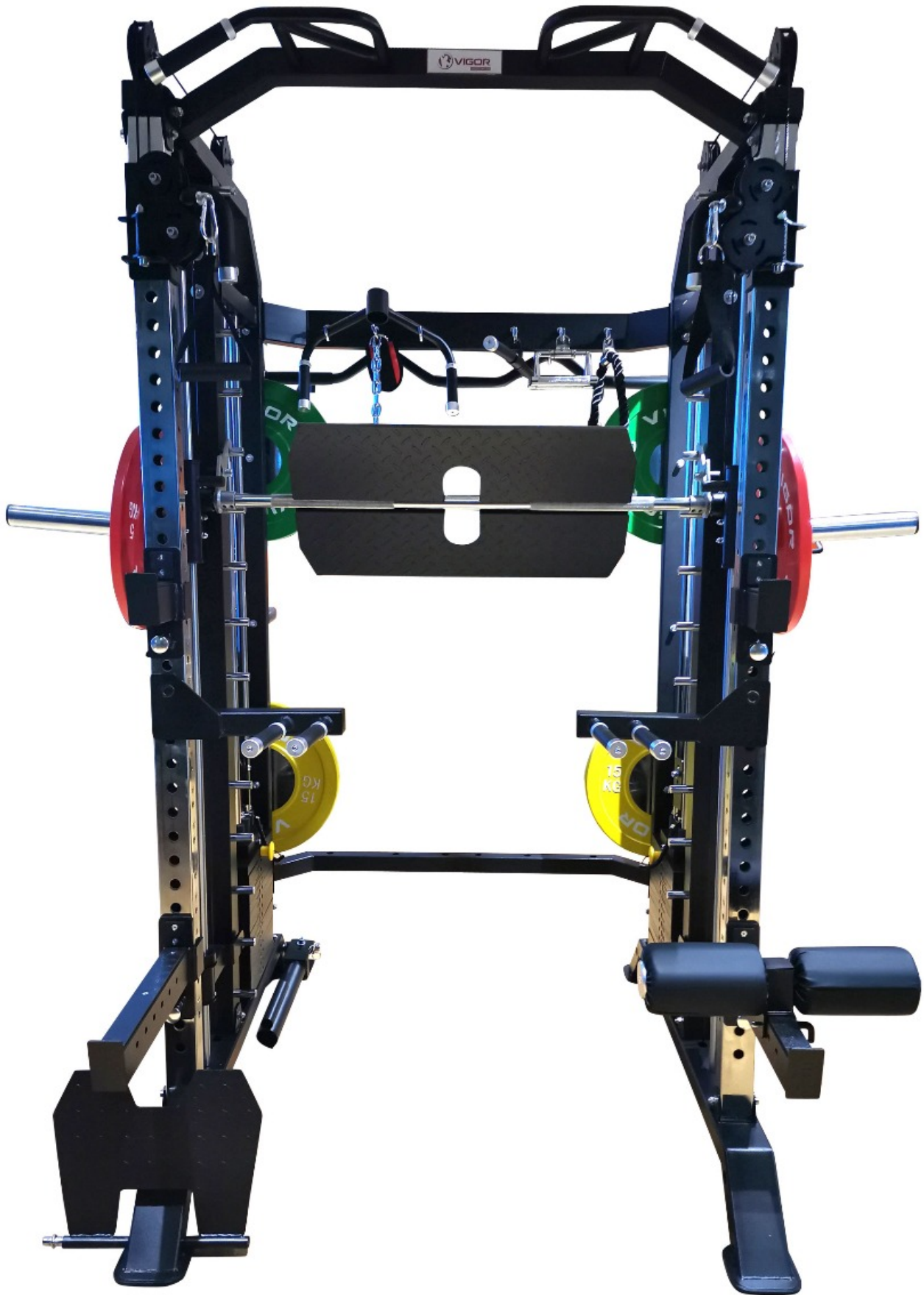




VIGOR CTS (COMMERCIAL TRAINING SYSTEM) SMITH MACHINE COMBO



SKU: VS-CTS



The Vigor CTS comes with a lifetime frame warranty, 1-year cable and pulley warranty.

The system includes a host of added benefits & attachments:

- Heavier-Duty Frame and Full Metal Shroud covers
 - Dip handles for weighted and non-weighted dips
- 30mm knurled Smith Machine bar with sealed bearings and multi-hook options
 - Two heavy-duty 90kg functional trainer stacks laser cut steel plates
 - Commercial, aircraft-grade pulley cables tested to a 1000kg capacity
 - Exclusively design premium J-hooks safety Spotters,
- 1 Pair Short J Hooks & 1 x Pair Long Spotters capped with heavy duty rubber plates & with Spring Loaded Safety's
 - Wide-grip, knurled chin-up multi Grip handles.
- Removable Landmine/Row Olympic bar & handle attachment for a wide range of row and functional core exercises
 - 2 Olympic Barbell storage stations
- 2 X Lat Pull down attachment bars Straight & EZ shape
 - 6 x Weight Plate Disc Storage pins at rear of machine
 - Hooks top rear post to hang small attachments
 - Triceps Rope
 - Seated "V" Bar Row
 - Foot plate for Low Row
- Knee Foam Roller to secure your legs when performing Lat pull downs
 - Additional Multi-grip, rubber coated dip attachments
- Optional Vertical Leg Press Attachment plate for Smith Bar easily attachable
 - *Weight plates, bar and bench not included*



01 SMITH MACHINE FUNCTION

Go heavy on it without having to worry about safety, With the Dual safety smith hooks, now you can grind at the comfort of your own house.

Compatible weight plates:

- Olympic weight plates
 - Bumper plates
- Vigor 28mm hole plates



02 HALF RACK FUNCTION

Prefer using free weights? Get an additional bar for heavy lifting using the included J Hooks and safeties.

Compatible barbells:

- Vigor 2.2m Olympic barbell
- Vigor 1.8m Olympic barbell
- Vigor 1.8m normal barbell



03 DUAL ADJUSTABLE PULLEY FUNCTION

Quick and easy pop pin functional adjustment, equipped with handle for 1 handed operation. Equipped with 2 x 90kg weight stack for quick weight adjustment at a 2:1 pulley ratio

Combine with the removable foot plate for seated row, or used with other included cable attachments such as the tricep rope, long bar, ez bar, etc.



04 EXTREME CORE TRAINER ACCESSORY

Use with an olympic bar for pressing or rotation exercises. Pair with the included T bar handle for rowing exercises.

Can be mounted at the front / back / left / right position.
Easily removable when not in use.



05 DIPS FUNCTION

Multi width dips attachment to cater to different body size and allows variations in workout.



06 MULTI GRIP CHIN UP BAR

Multiple grips to target different muscle group and add variety to workout.



07 OPTIONAL LEG PRESS

Combine it with the optional leg press attachment, and you will have no more excuse to skip leg day. Perfect for Leg Press and Calf Raise movements. Heavy Duty design to carry any weight which can fit onto the Smith Bar sleeves.



08 OPTIONAL JAMMER ARMS

Level up with the jammer arms attachments. Whether you have an injury or want to isolate a particular upper body muscle group which is lacking, Isolated Lever Arm exercises can be really beneficial for you.

Customers' Setup



ADDITIONAL
INFORMATION

More Information

Warranty

Mainframe: Lifetime, Other parts: 1 year

Product Dimension

146 x 199 X 230cm (L x W x H)