



# PROFORM TOUR DE FRANCE CSC SPIN BIKE

PRO-FORM

SKU: PFEX67720-INT





PRODUCT  
DESCRIPTION



### Expert Personal Trainers in Your Living Room

Engage in a whole new workout experience as certified personal trainers take your exercise all around the world, controlling your machine's resistance for you along the way. iFit® gives you continued motivation with unlimited access to streaming global and studio workouts, all led by a trainer.

Experience The Workouts

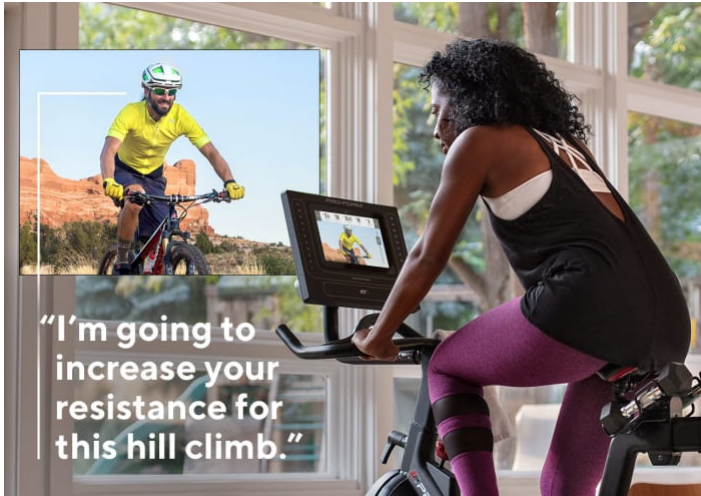
Our trainers can control  
your bike's resistance.



**1-month iFit® Coach Membership Included**

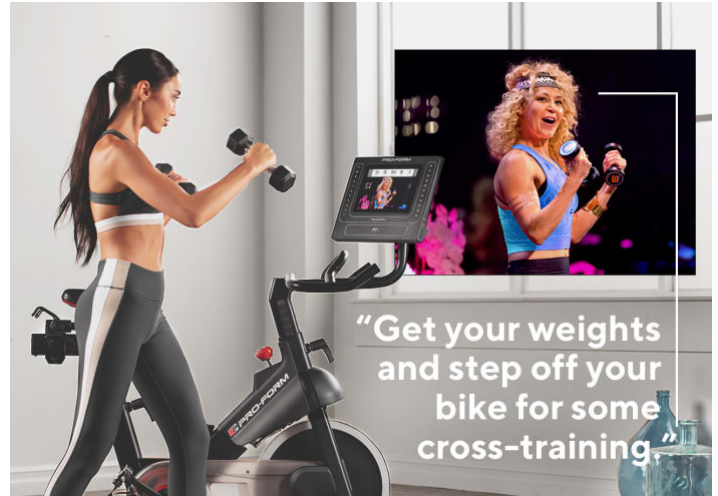


## Interactive Cycling Sessions Inside Your Home



### LIVE Interactive Training

Follow along with our personal trainers as they lead your workout and help you get results. With iFit's LIVE Resistance Control technology, your trainer takes control of the resistance on your bike to realistically match the terrain of your workout. When your trainer goes up a hill, you'll feel the burn.



### Cross-Train with the Included Hand Weights

This bike isn't only about toning your legs. Two 1.4kg dumbbells are included with the bike so you can follow your trainer on and off your bike in cross-training workouts that will pump your upper body as well as your legs.



Adjust to the Perfect Fit



## Interactive Training for All

We all come in different shapes and sizes, but cycling should be for everyone. We've engineered the Bike to adjust to fit most user heights. Move the seat up, down, forward, or backward, and the handlebars up or down to find the right position for you.

### Handlebars

- 3.75" (5 positions) Adjustable Stack (Vertical)

### Seat

- 9.0" (10 positions) Adjustable Stack (Vertical)
- 3.0" Adjustable Reach (Horizontal)
  - Interchangeable

### Pedals

- Optional Toe Cages
- Interchangeable





## Silence Never Sounded So Good

Experience a smooth, frictionless, and silent ride with our patented SMR™ Silent Magnetic Resistance, which allows you to adjust your training intensity without interrupting your workout or anyone around you.



### Built to Last and to Go Fast

Engineered and produced with commercial-grade welded steel and enhanced corrosion resistance, the ProForm Bike lets you work out as hard as you want without losing any feeling of stability.

### Roll with Ease

The Bike is designed to quickly get you moving, but it was also designed to easily be moved. Whether you're tight on space in an apartment, or just like to move things around a bit, the front-mounted transport wheels make it easy to reposition your equipment if it's not in the right location or move it completely out of the way when you're finished with your workout.

\*Note: The images in the product description are for illustration purpose. Please refer to the main image for the actual product design.

#### ADDITIONAL INFORMATION

#### More Information

#### Level Of Resistance

22 Digital Levels of Resistance

#### Flywheel Weight

10kg

#### Warranty

1 Year

#### Product Dimension

103 X 49 X 115cm (H x W x L)

#### Max Load

115kg

#### Product Weight

57kg

#### More Information

7" Full Color Touchscreen Display